



WOMEN IN FIBER

presents

EmpowerHour

An Hour of Education and Empowerment

**Fiber
Broadband**
ASSOCIATION

Women in Fiber Monthly Committee Meeting



WOMEN IN FIBER COMMITTEE



Alexa Eden
Committee Chair
KGP



Holly Ruser
Co-Vice Chair
Graybar



Tamara Davis Brown
Co-Vice Chair
Last Mile Broadband, LLC



Candy Riem
Executive Assistant
MEC



Trish Ehlers
VP of Operations
FBA



Ash Brown
FBA Board Member
Adtran

Mentorship



Niki Carnahan
Vetro



Teresa McGaughey
Calix



Michaela O'Brien
Calix

Meet Ups/Events



Taylor Trewyn
Broadband
Technology Group



Madison Carroll
Dura-Line

Professional Development/Webinars



Tanna Hanna
Allo



Martha Galley
Calix

Stem & Partnership



Libby Pawlick
TDS Telecom



Kelly Weismann
Clearfield, Inc

Fiber
Broadband
ASSOCIATION

Recognition Spotlight/Welcome



Lori Ransbottom
LYNN



Yvonne Lambeth
Fujitsu



Lauren Allen
NSI Network
Infrastructure

Social Media



Kendal Ingraham
Okanogan PUD



Diane Garcia



www.fiberbroadband.org



WOMEN IN FIBER

Fiber Broadband Association believes the world is a better place when women's voices are heard. We believe companies are more successful when women are encouraged and rewarded to reach their full potential. We believe it is up to us to help identify, develop, and promote women in the Fiber Broadband industry as well as technology, telecommunications, construction and manufacturing. We pledge to use this forum to help women succeed in the Fiber Broadband industry.

Women in Fiber updates:

- New format for WIF monthly meetings
- Get involved - Contact Candy Riem (candy.riem@teammidwest.com) for any questions or how to reach anyone below.
- FBA membership - contact Danielle Lawrence
- Contact needed for a STEM org in Nashville - contact Libby Pawlick
- Love to read? Unofficial launch of book summary group trial start -contact Alexa Edens
- Where are you headed next? Interested in hosting an event - contact Taylor Trewyn or Madison Carroll or fill out this form: <https://bit.ly/41mtyh2>
- Celebrate amazing women - contact Lori Ransbottom
- Join the conversation - LinkedIn (www.linkedin.com/groups/12262312/) & FBA Community (www.community.fiberbroadband.org/)



WOMEN IN FIBER

Women in Fiber Update

Recognition Spotlight

[Submit a nomination now](#)



**WOMEN IN FIBER
Spotlight**

January 2025

Ashley has been an absolute heaven send !
She has brought a wealth of Knowledge to
KGPCo with hands on experience in
government and state spending for
broadband infrastructure
She is sharing her knowledge
amongst all of us at KGPCo, ensuring
that we are prepared to maximize
our growth as a company, build solid
relationships with partners and
serve our customers with
outstanding support! Thank you
Ashley!

Nominated by:

- Rasjah Tolliver, *Program Manager,*
KGPCo



**Ashley
Travers**
*Vice President
Strategic
Partnerships*



**Fiber Broadband
ASSOCIATION**

*Do you have an outstanding woman to nominate
for the Spotlight? Contact Lori Ransbottom,
lransbottom@thinklynn.com*



Libby Pawlick
TDS Telecom



Kelly Weismann
Clearfield, Inc

Stem & Partnership

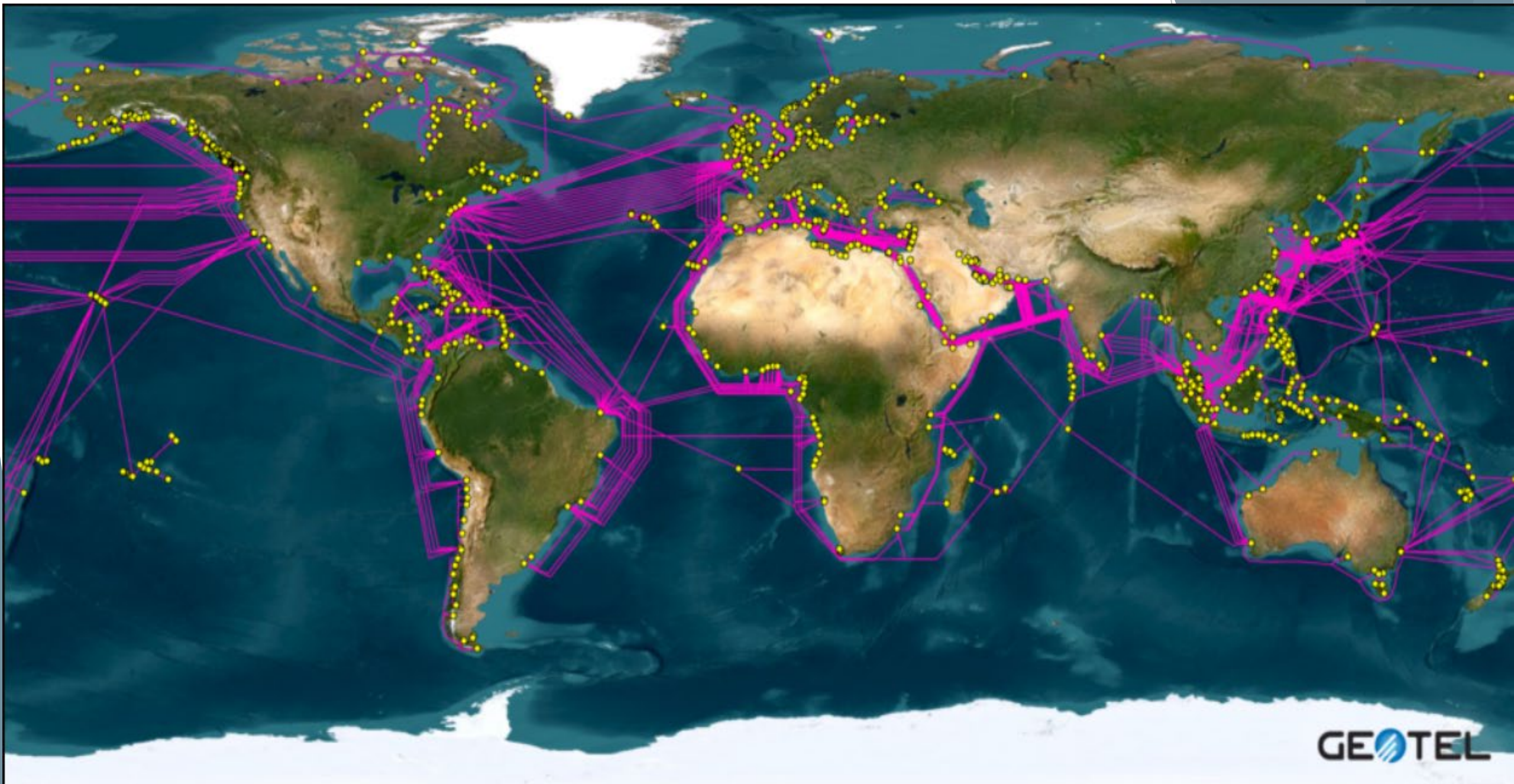
presents

Fiber 101

Fiber Network ins & outs



WOMEN IN FIBER



Modern Communications



Morse, Telegraph
1830s-40s



Bell, Telephone
1876



Marconi, Wireless
1901



Charles Kao, STL
1965

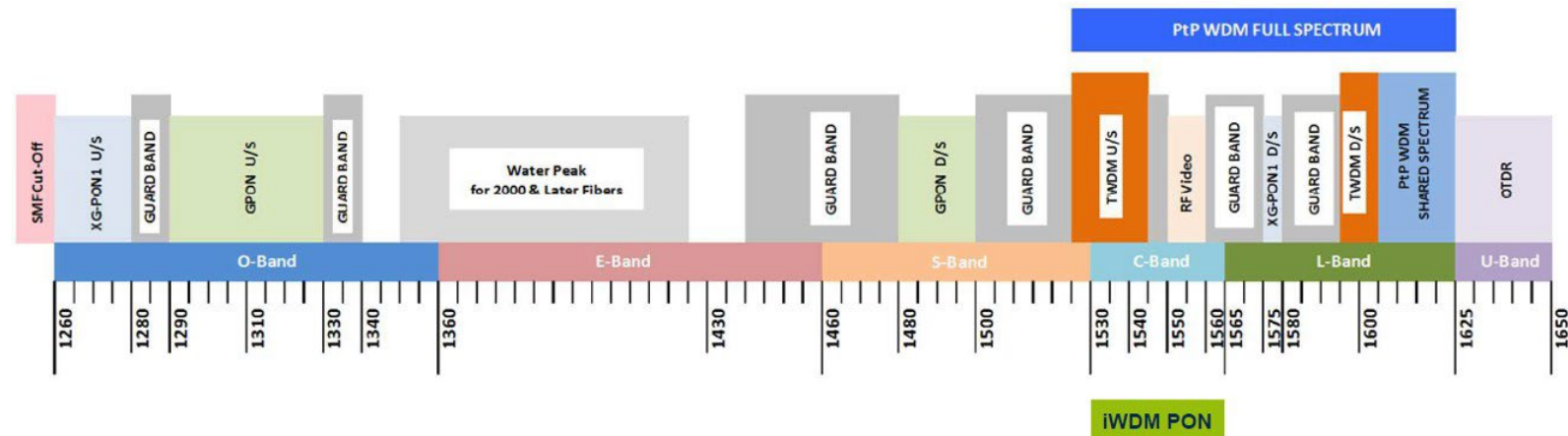
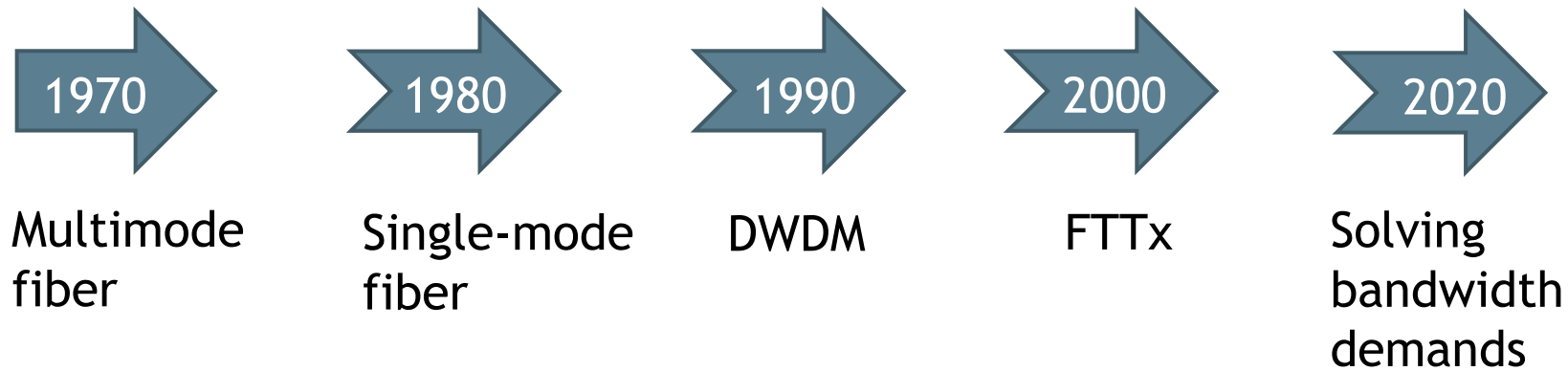
The staff at Bell Labs
Lasers, Cables, Systems



Donald Keck, Robert Maurer
& Peter Schultz
Corning, 1970

The famous inventors

FIBER TRANSITIONS THROUGH HISTORY





- Safety glasses are a **MUST!**
- Dispose of all scraps properly (most common danger when working with fiber)
- NO food or drink in work space
- Follow instructions for various chemicals/cleaners. Alcohol is flammable.



NEVER
look into a fiber unless you know NO light (Laser or LED) is present

❖ It can focus the infrared light directly into your eye! Use a power meter to check it.



SAFETY FIRST!

The adoption of any technology depends on having workable standards to ensure product compatibility.

Standards, Codes and Regulations

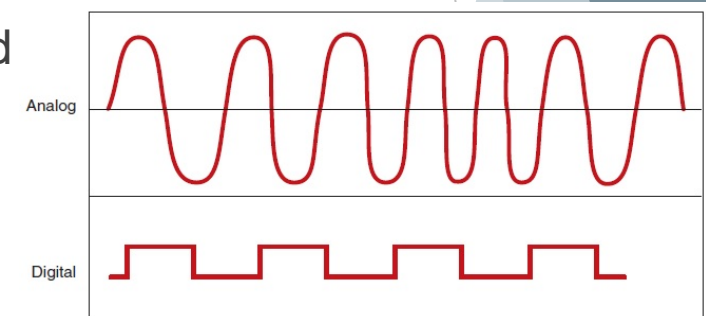
- **ANSI** - American National Standards Institute
- **EIA/TIA** - Electronic Industries Alliance/Telecommunications Industry Association
- **NIST** - US National Institute of Standards and Technology
- **NEBS** - Network Equipment Building Systems (Telcordia/Bellcore standard)
- **TELCORDIA** (Bellcore)
- **NEMA** - National Electrical Manufacturer Association
- **IEEE** - Institute of Electrical and Electronics Engineers
- **SCTE** - Society of Cable Telecommunications Engineers
- **NEC** - National Electric Code - Electrical and fire safety
- *****Check and follow your local government/codes for any regulations as they take precedence***

What is “Fiber Optics”?

- ▶ Transmitting communications signals in the form of modulated light guided over hair-thin strands of glass or plastic.
- ▶ Signals, voice, data or video can be analog or digital form.

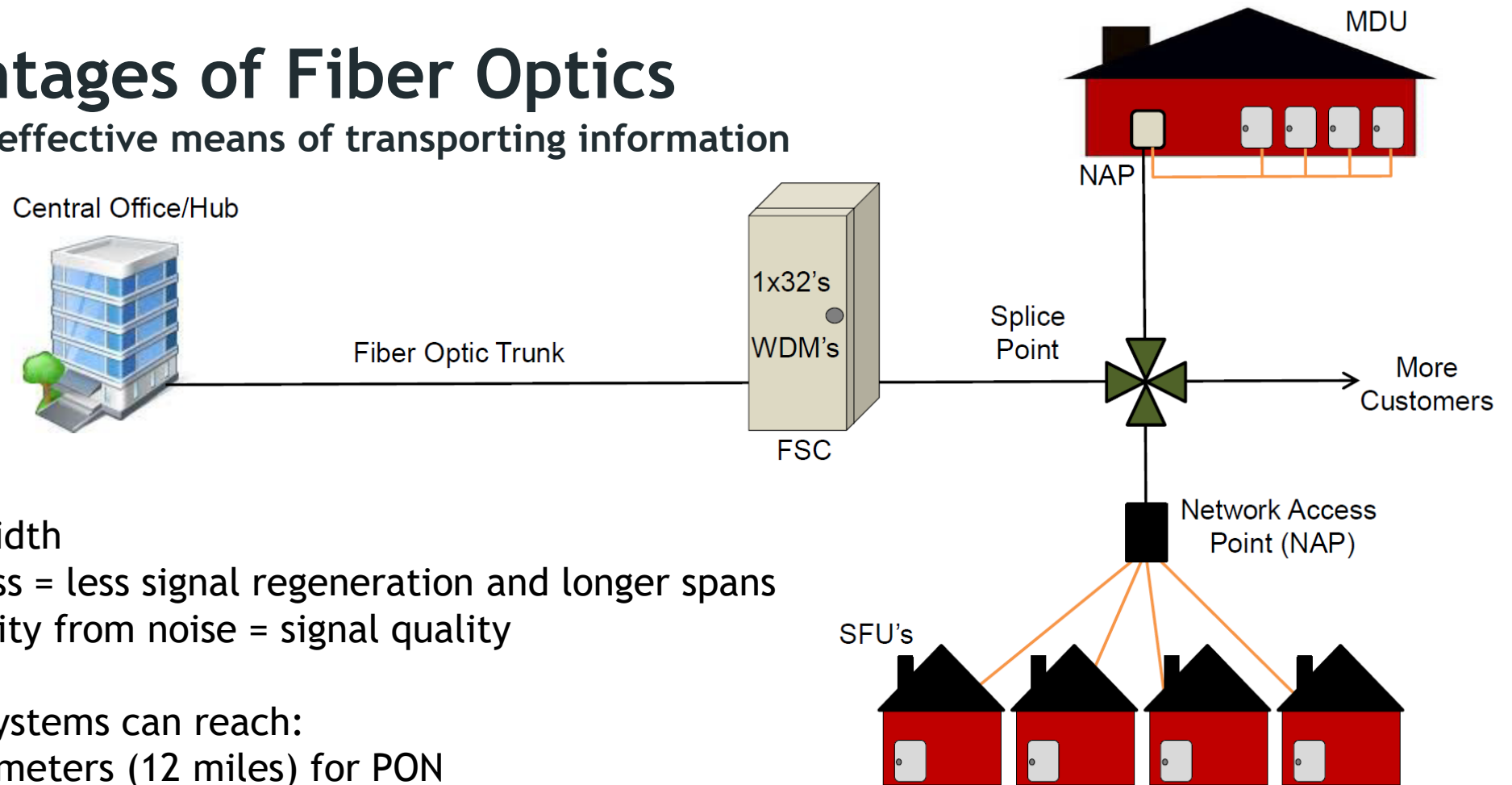
Used in communications, lighting, medicine, optical inspections and to make sensors.

We will concentrate on Communications.



Advantages of Fiber Optics

Most cost-effective means of transporting information



Bandwidth

Low loss = less signal regeneration and longer spans

Immunity from noise = signal quality

FTTx systems can reach:

20 kilometers (12 miles) for PON

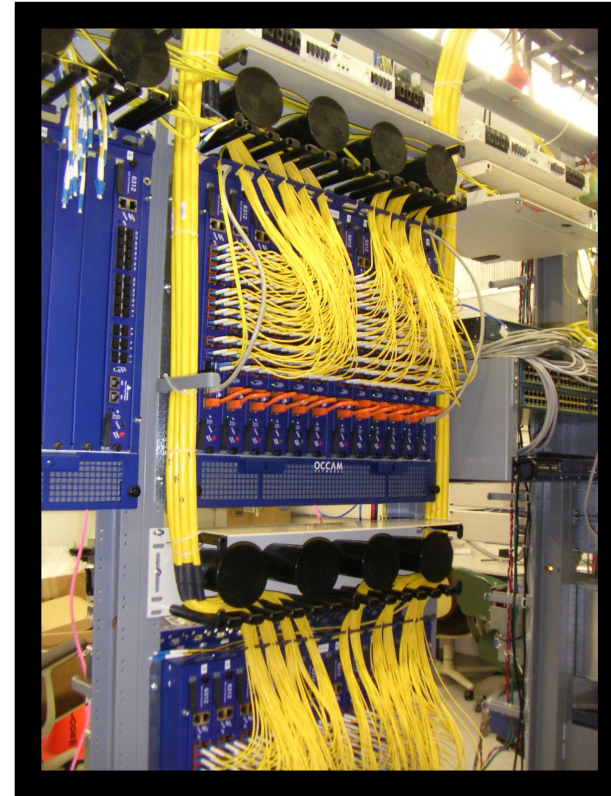
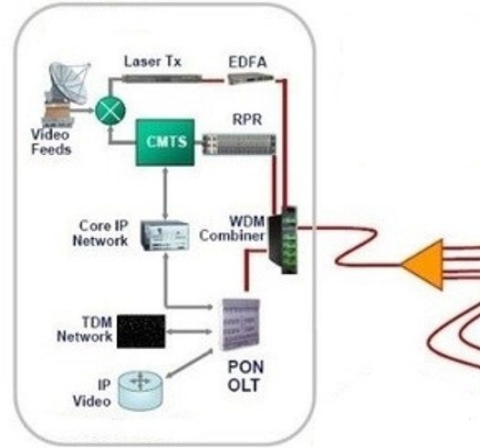
60 kilometers (37 miles) for Active Ethernet

Low latency (time delay) is essential for high speed, long distance and interactive applications including Stock markets, Medical and Gaming

INSIDE PLANT (ISP)



Central Office or HeadEnd
“The TRANSMITTER”



Fiber Optic Sources



LEDs (Light Emitting Diode) for multimode fiber links (<250 MHz) OM1 & OM2 (62.5/125)



VCSELs (Vertical Cavity Surface Emitting Laser) for > 1 GHz multimode links OM3 & newer fibers

The restricted launch of the VCSEL provides greater power for more distance and bandwidth capabilities than LEDs

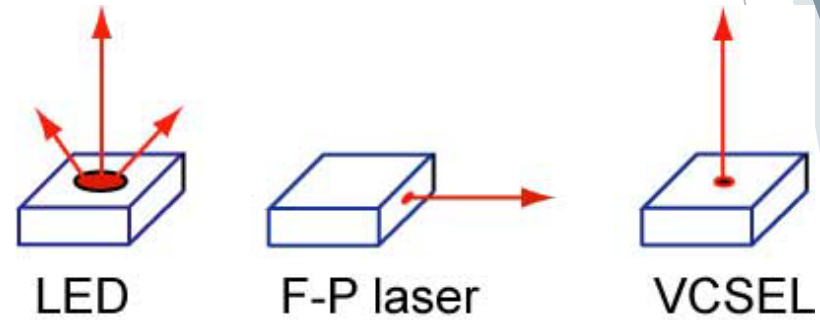


Fabry-Perot lasers (Light Amplification from the Stimulated Emission of Radiation) for singlemode links

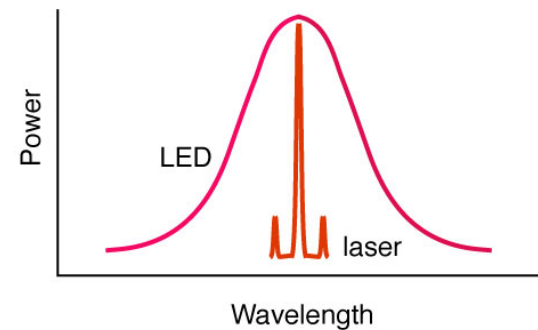


DFB lasers for analog (CATV-RFOG) or DWDM singlemode

Class	Min Optical Link Budget	Max Optical Link Budget
A	5dB	20dB
B	10dB	25db
B+	13dB	28dB
C	15dB	30dB
C+	17dB	32dB



Spectral Output

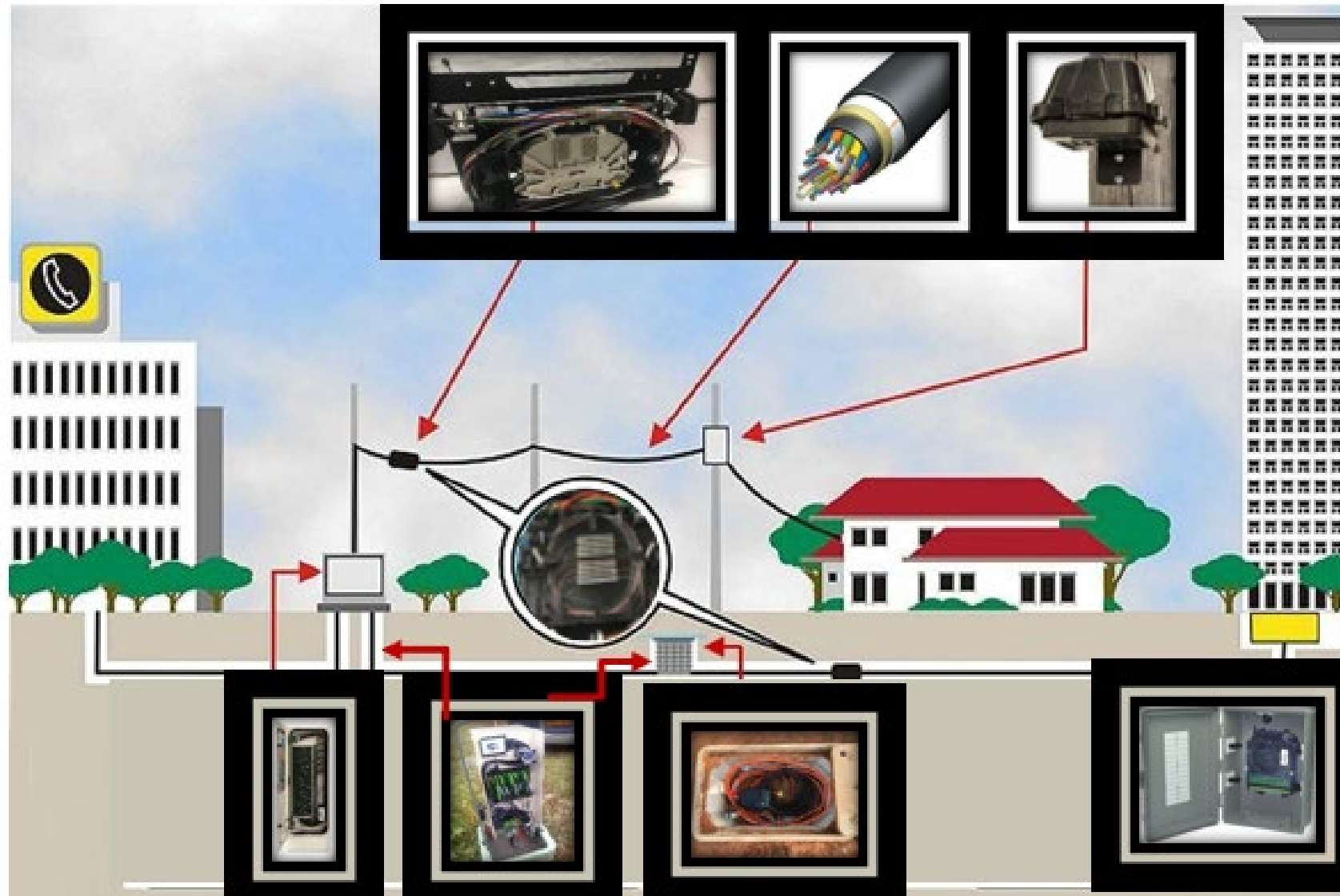


INSIDE PLANT (ISP)
....Moving out into the network

Active Cabinets



OUTSIDE PLANT (OSP)



PREMISE - MDU/MTU and Single-Family Units ~ Access Plant



MDU - Multi-Dwelling Units (residential~ Single-Mode

MTU - Multi-Tenant Units (business) ~ Single-Mode
**Multi-Mode can/is used in structured cabling*

Both MDU/MTU could be combined



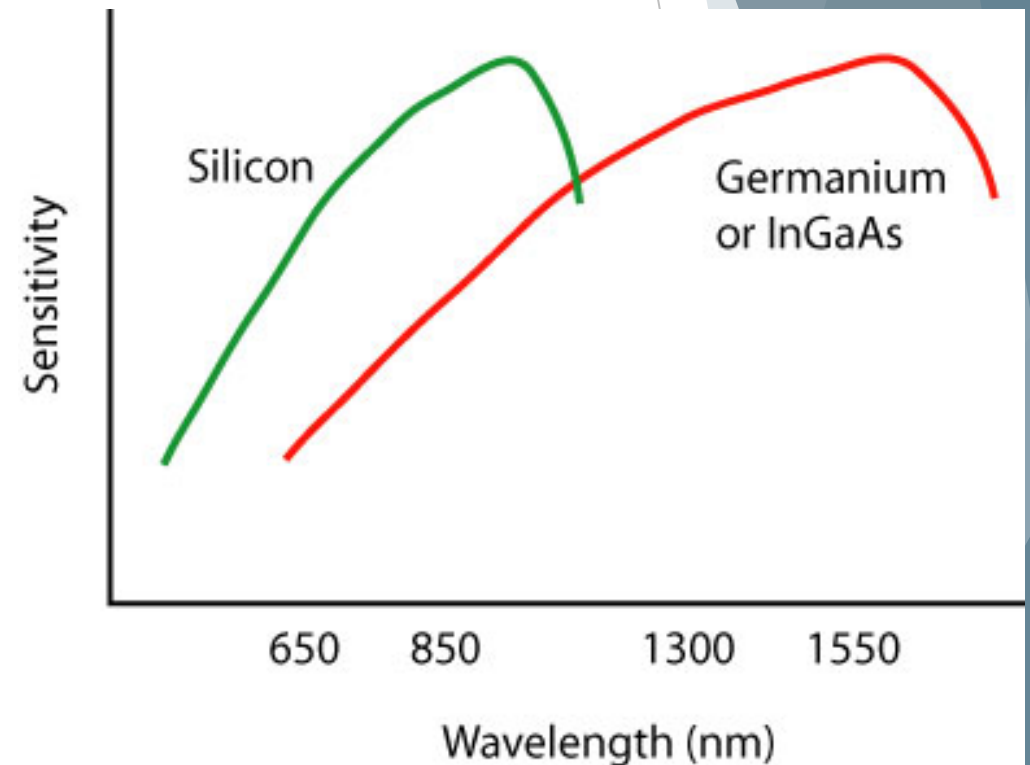
The drop to the home/bus and premise install is the most time consuming and expensive portion to construct

Fiber Optic Detectors

- **Silicon (Si)** detectors for short wavelength links at 650 or 850 nm. Response issues after 900nm.
- **Germanium (Ge)** Good response from 700nm to 1550nm. Tends to be noisier than Gallium Arsenide types and responsivity falls off close to 1550nm window
- **Indium Gallium Arsenide Phosphide (InGaAsP)** Operates well at longer wavelengths from 900nm to 1700nm
- **Avalanche (APDs)** photodetectors have higher gain and bandwidth than PIN Diodes.

Receiver/PhotoDetector

2 Types: PIN Diodes and Avalanche Photodiodes



Basic Fiber Theory

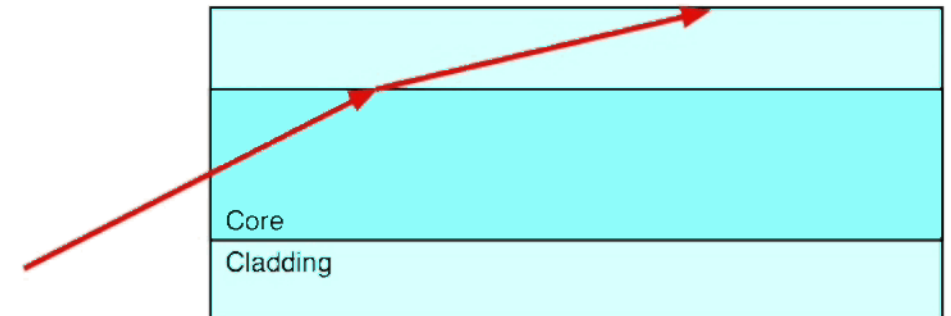
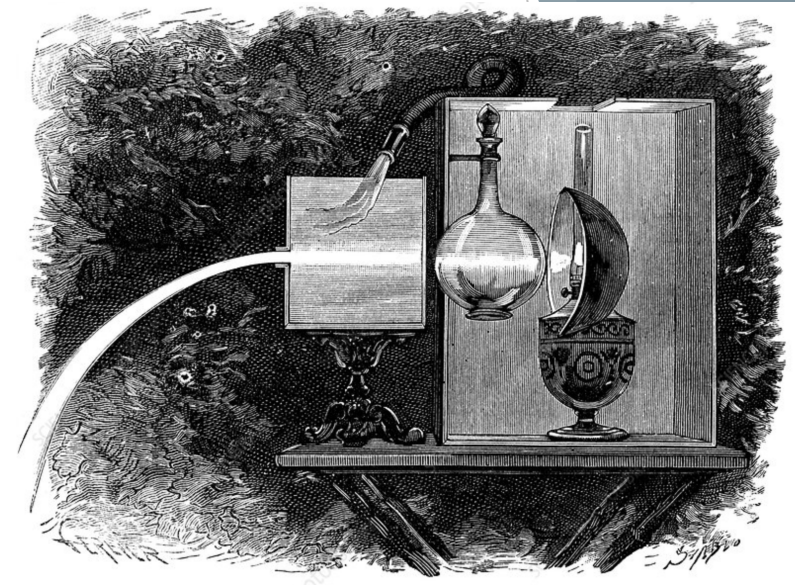
- **Key terms to understand:**
 - Total Internal Reflection
 - Attenuation
 - Absorption and Scattering
 - Bandwidth
 - Dispersion
 - Numerical Aperture (NA)
 - Wavelength
 - Reflections

<https://youtu.be/jZOg39v73c4?si=Rhx79ZRcVes4W0bW>



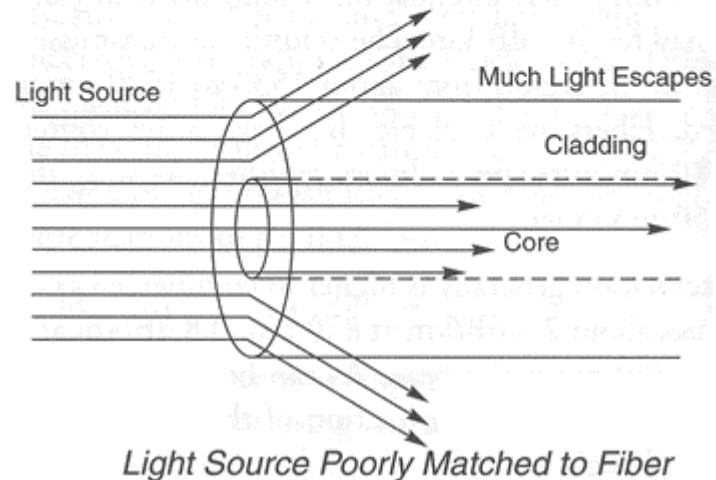
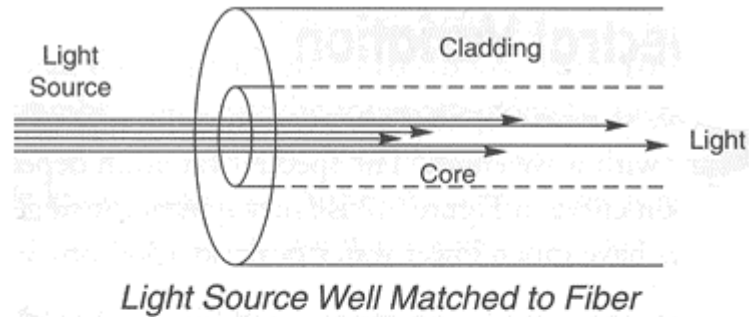
Total Internal Reflection

In 1841, Daniel Colladon, a professor at the University of Geneva, first demonstrated “light guiding” by focusing sunlight into a thin stream of water flowing through a hole in a water tank. When the light hit the forward edge of the water flow, he observed that the light rays were trapped in the water stream. This is now known as total internal reflection



- occurs when a core with a higher index of refraction is encapsulated by a cladding of a lower refractive index

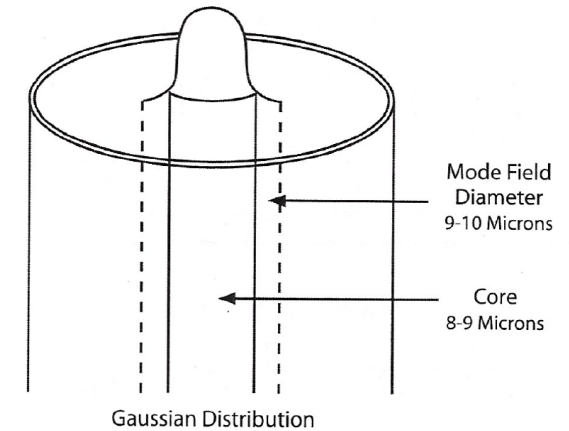
Fiber's capability to collect light and transmit it along the fiber



Core Size

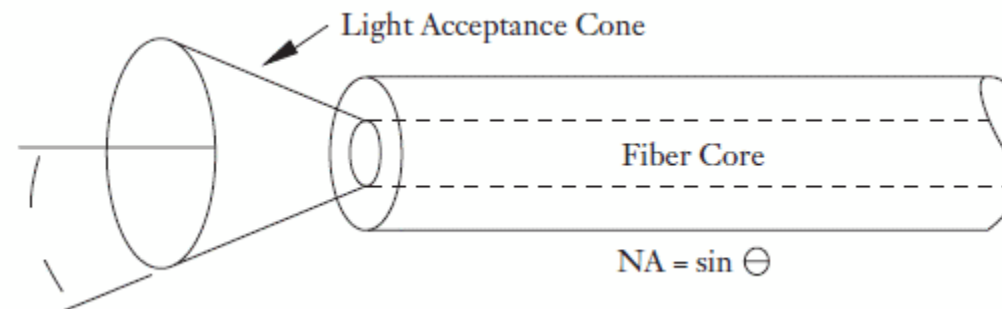
Important Factors

- Core Size
- Mode Field Diameter
- Numerical Aperture



Mode Field Diameter

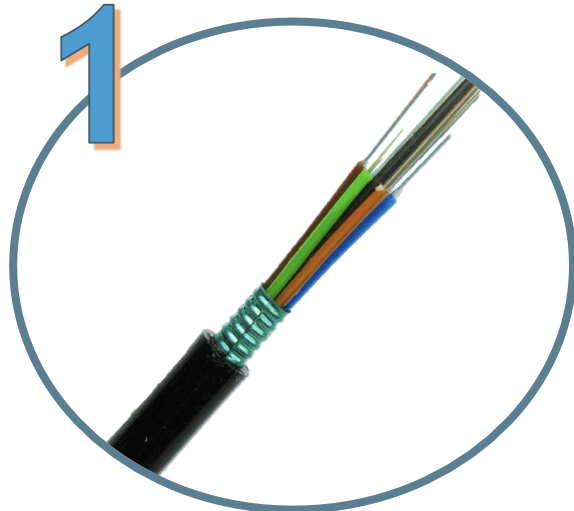
Specification	Wavelength	Mode Field Diameter
ITU-T G.652	1310 nm	8.6–9.5 ± 0.7 μm
ITU-T G.655	1550 nm	8–11 ± 0.7 μm



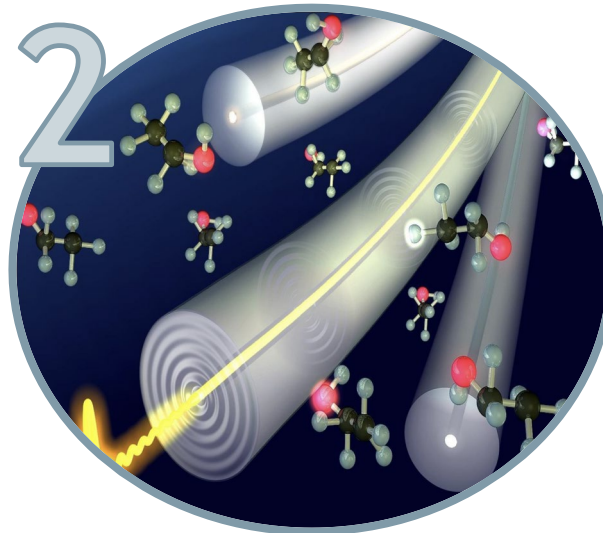
Numerical Aperture

MM 0.20-0.275
SM 0.13

Architectural Components



Fiber Optic
Cable

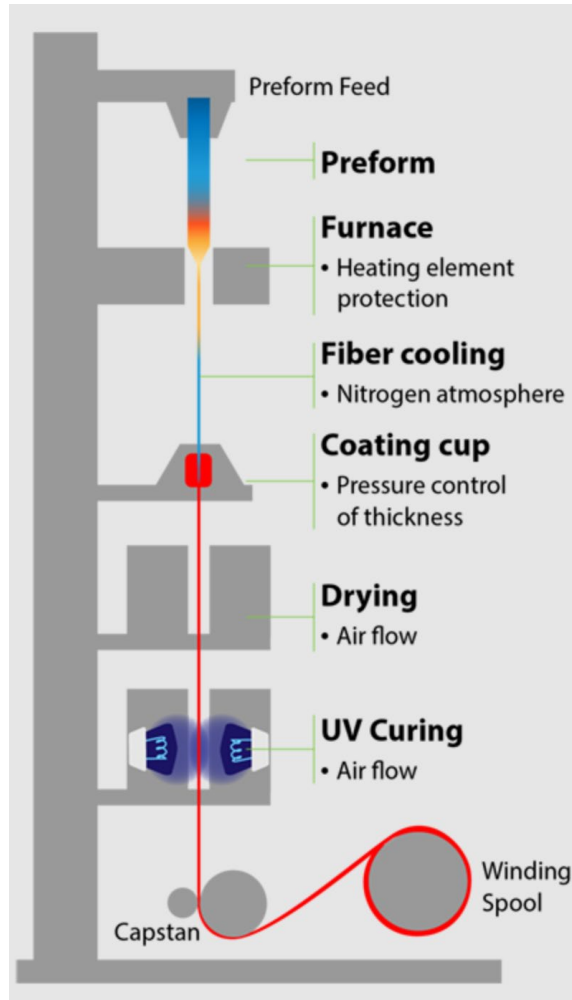


Class of Optics



Optical
Components

Fiber Manufacturing



- Core diameter
- Mode field diameter
- Cladding diameter
- Coating diameter
- Attenuation
- Dispersion
- Rayleigh backscatter

Preform manufacturing

- Vapor-Phase Axial Deposition (VAD) - OFS
- Outside Vapor Deposition (OVD) - Corning and Prysmian/Draka
- Plasma Chemical Vapor Deposition (PCVD) - Prysmian/Draka

A variety of fiber parameters are affected during the Deposition process., including attenuation uniformity

Sintering

Attenuation is “locked” in

Draw

Effects fiber geometry, cut-off wavelength, fiber curl, PMD performance, reliability and coating strippability

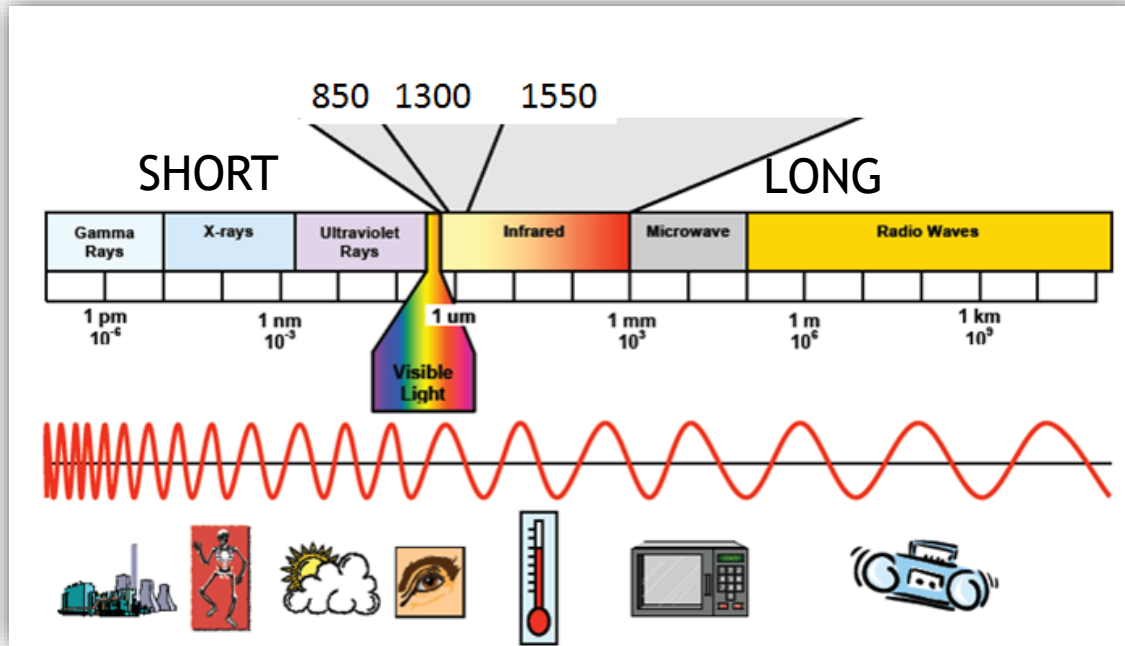
Test & Measurements

Proof test, OTDR, Optical, Geometry and visual

Fiber Optic Spectrum

How light is defined

Light is defined as “wavelength” that is measured in nanometers (billionth of a meter).



Cut-Off Wavelength
 $\lambda = 1260\text{nm}$

Fiber optics utilize wavelengths in the **infrared** region where absorption and scattering losses are lowest.

Utilizes the infrared region - 800nm to 1670nm
Multimode: 850nm and 1300nm
Singlemode: 1310nm and 1550nm

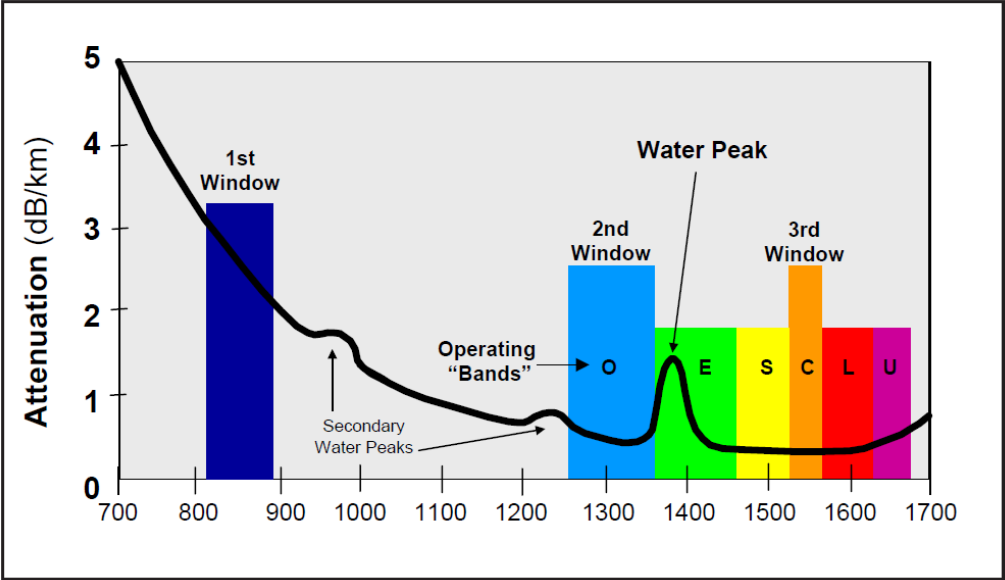
*Wavelength is often used interchangeably with lambda (λ) and color

Fiber Optic Spectrum

How light is defined

Windows - *i.e.*, *Bands*

Windows 1, 2 and 3 are original windows chosen for lowest attenuation



— G.652
— G.652C
— G.652D

Today we use the entire spectrum

Wavelength Band	Wavelength Range (nm)	Definition
O-band	1260-1360	Original band, PON upstream
E-band	1360-1460	Water peak band
S-band	1460-1530	PON downstream
C-band	1530-1565	Lowest attenuation, original DWDM band, compatible with EDFA fiber amplifiers, AM CATV
L-band	1565-1625	Low attenuation, expanded DWDM band
U-band	1625-1675	Ultra long wavelengths

How do we Define Fibers?

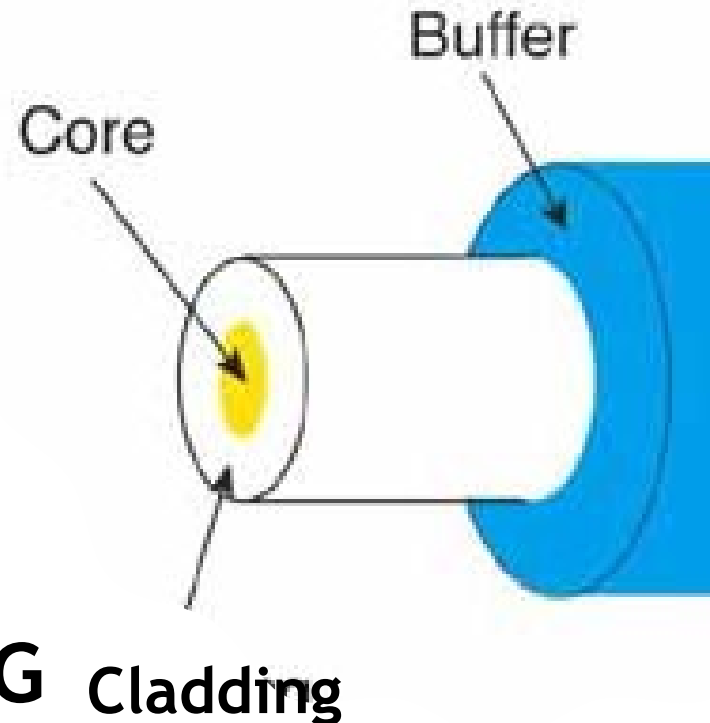
- The term single-mode tells us the fiber transmits one light path (mode) through a fiber. FTTx uses only single-mode fibers due to their low attenuation and high bandwidth.
- The term multimode tells us the fiber transmits in many modes (500+), with all info in all modes and arrive basically at the same time. The smaller the core, the more bandwidth capable.
- Fibers physical dimensions are made in micrometers (microns)
- FTTx fiber specifications are defined through International Telecommunications Union (ITU) standards
- There are many types of single-mode fibers (SMF) available and each has optical or physical attributes for different applications as you will learn

The Structure of an Optical Fiber

- Glass is stronger than steel!

Typical optical fibers are composed of:

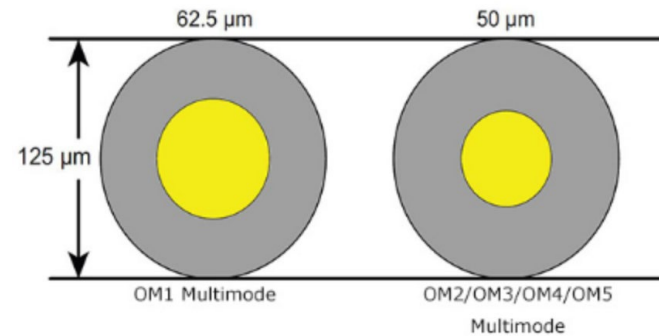
- **CORE**
- **CLADDING**
- **PRIMARY BUFFER COATING**
 - Removed prior to termination



Defining Multimode Fibers

► 5 Grades

- Legacy OM1 and OM2 - 62.5µm using LEDs
- OM2, OM3, OM4 and OM5 - 50µm using VCSELs @850nm
 - OM3 & OM4 are preferred/common
 - OM5 intended for data centers/high speed applications that require shortwave division multiplexing (SWDM)
- 3dB/km loss @850nm



Fiber Type	Core/Cladding (µ)	Bandwidth (MHZ*KM)		DISTANCE LIMITATIONS		
		Overfilled Launch LED source 850nm	Effective Modal Bandwidth LASER source 850nm	10GBASE-SR	40GBASE-SR4	100GBASE-SR10
OM1	62.5/125	200	N/A	33m/ 108ft		
OM2	50/125	500	N/A	82m/ 269ft		
OM3	50/125	1500	2000	300m/ 984ft	100m/ 328ft	70m/ 230ft
OM4	50/125	3500	4700	400m/ 1312ft	150m/ 492ft	100m/ 328ft
OM5	50/125	3500	4700	550m/ 1804ft	150m/ 492ft	100m/ 328ft

Defining Single-Mode Fiber

Theoretically, infinite bandwidth

Small core 8-10 μ m
only allows one mode of light

- ❑ Single-mode of light eliminates “modal dispersion” enabling ultra high bandwidth over long distances
- ❑ Low attenuation enables very long-distance support (typically < 0.2-0.3 dB/km @1550 nm)
- ❑ Many types for different applications
 - ❑ Chromatic dispersion
 - ❑ Polarization Mode dispersion

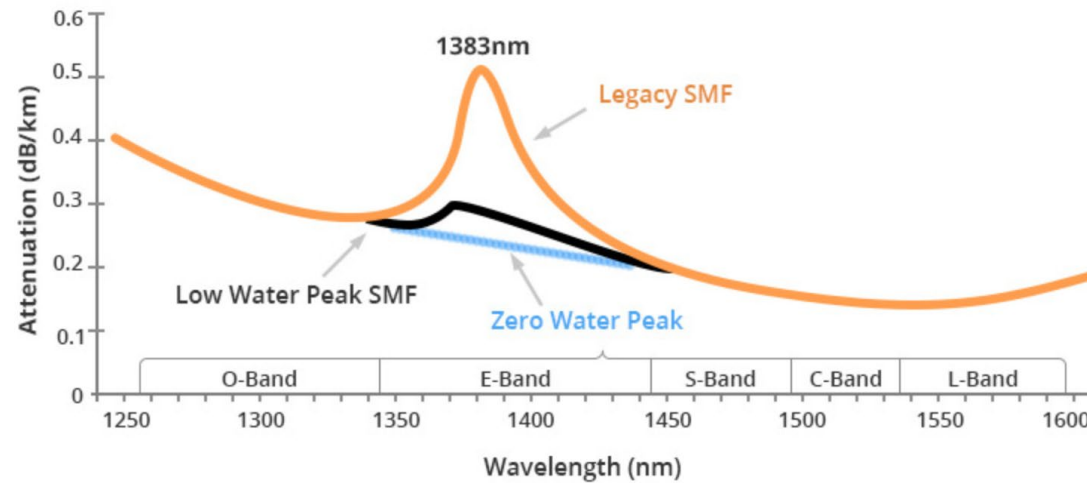


Description	IEC Type	ITU Spec	TIA
Standard SM fiber	B1.1	G.652	OS1
Cutoff-shifted fiber	B1.2	G.654	
Low water peak fiber	B1.3	G.652	OS2
Dispersion-shifted fiber	B2	G.653	
Non-zero dispersion shifted fiber	B4	G.655	
Bend-insensitive fiber		G.657	

* MFD may differ amongst these fiber types, especially bend insensitive (G.657) fibers.
Use of an OTDR bidirectional testing will help resolve the issue.

TU-T G.652

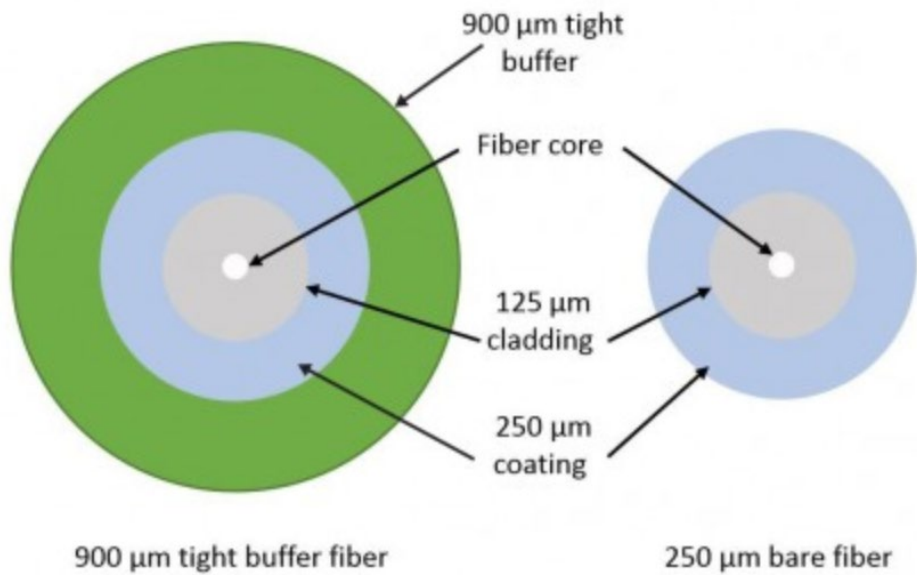
The Most Popular SMF



- ▶ Sets the international standards for geometrical, mechanical and transmission attributes for single-mode fiber and cable.
- ▶ Originally developed in 1984
- ▶ Zero dispersion wavelength ~1310nm however, can be used at 1550nm wavelength
- ▶ 4 revisions all with same core size 8-10microns
 - ▶ G.652A, B, C and D
- ▶ Today's OS2 fibers are G.652C and G.652D
- ▶ G.652A and B rarely used due to water peak



Single-mode Fiber Coatings



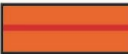
- ▶ Dimensions
 - ▶ 200/250μm bare fiber (primary buffer coating w/color code) OS2
 - ▶ 600μm tight buffer
 - ▶ 900μm tight buffer OS1
- ▶ ID basic 12 colors
 - ▶ TIA-598 Std
- ▶ Ribbon
 - ▶ Layer(s) of matrix + 200/250μm primary
- ▶ ID when coating is applied during manufacturing
- ▶ ALL Coatings are removed prior to splicing to allow alignment with tight tolerance glass claddings.

Optical Fiber Color Code Chart

TIA - 598 Standard

TIA - 598 Standard

- Each fiber must be identified for end-to-end terminations along with splicing.
- Continuity of all fibers in the outside plant (OSP).
- Standardized in the TIA-598 “Optical fiber cable color coding” standard.
- Used to identify connector polish
- Identify premise cabling and jumpers.
- Buffer tubes also identified by same color sequence as fibers.

Unit Position Color Code for Loose Tube (TIA-598)					
Position		Buffer Tube Color	Position		Buffer Tube Color
1		Blue	13		Blue w/Black Stripe
2		Orange	14		Orange w/Black Stripe
3		Green	15		Green w/Black Stripe
4		Brown	16		Brown w/Black Stripe
5		Slate (Gray)	17		Slate w/Black Stripe
6		White	18		White w/Black Stripe
7		Red	19		Red w/Black Stripe
8		Black	20		Black w/Yellow Stripe
9		Yellow	21		Yellow w/Black Stripe
10		Violet	22		Violet w/Black Stripe
11		Rose (Pink)	23		Rose w/Black Stripe
12		Aqua	24		Aqua w/Black Stripe
			25		Blue w/Red Stripe
			26		Orange w/Red Stripe
			27		Green w/Red Stripe
			28		Brown w/Red Stripe
			29		Slate w/Red Stripe
			30		White w/Red Stripe
			31		Red w/Yellow Stripe
			32		Black w/Red Stripe
			33		Yellow w/Red Stripe
			34		Violet w/Red Stripe
			35		Rose w/Red Stripe
			36		Aqua w/Red Stripe
			37		Blue w/Green Stripe
			38		Orange w/Green Stripe

Fiber Optic Cable Types

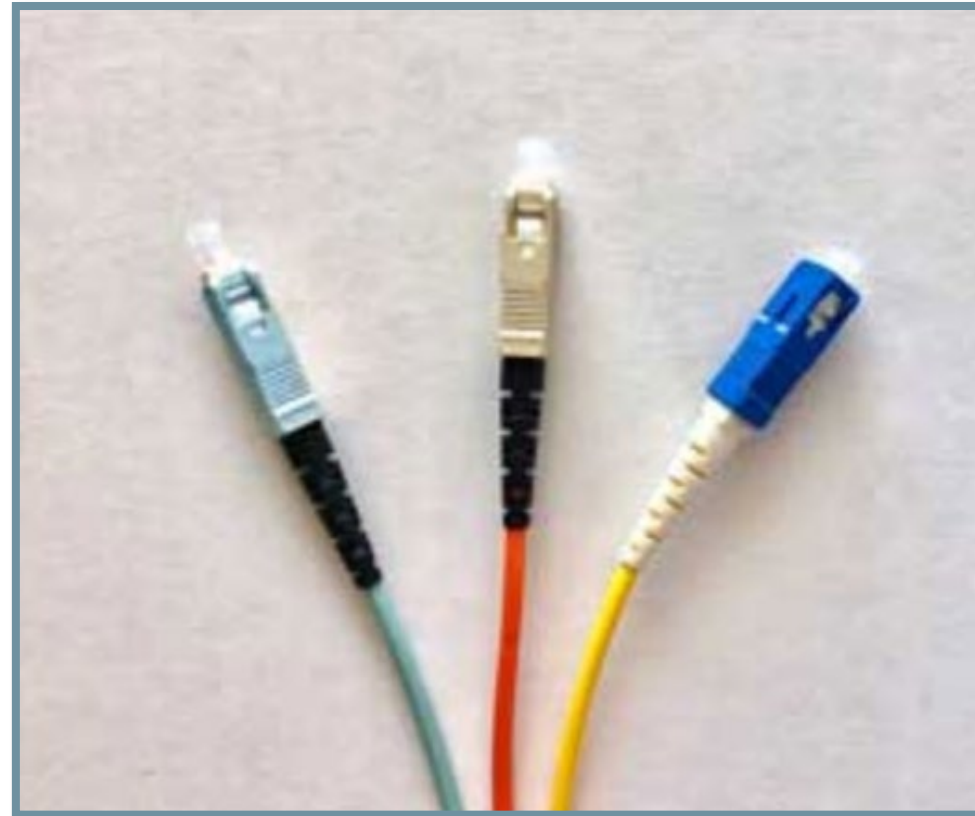
- ▶ **Tight buffer (Simplex/Zipcord)**
 - ▶ 900 μ , color coded
 - ▶ Patchcords
- ▶ **Distribution**
 - ▶ Dry conduit runs, plenum and riser
 - ▶ Bundled 900 μ coated fibers
 - ▶ Terminated in a panel/wallbox for protection
- ▶ **Loose Tube**
 - ▶ 250 μ loose fibers in a buffer tube
 - ▶ 250 μ "ribbonized" fibers
 - ▶ Typically used in OSP
 - ▶ Armored cable for direct buried
 - ▶ Requires furcating for termination
- ▶ **Breakout**
 - ▶ Tight buffered
 - ▶ Rugged, individually reinforced
 - ▶ Directly terminate connectors



Cable Jacket/Sheath Color Codes

For Premise Application

Fiber Type	General Use	US Military
OM1	Orange	Slate
OM2	Orange	Orange
OM3/OM4	Aqua/ Erica Violet	---
OM5	Lime Green	---
MM 100/140	Orange	Green
SM OS1/OS2	Yellow	Yellow
SM/PM	Blue	---

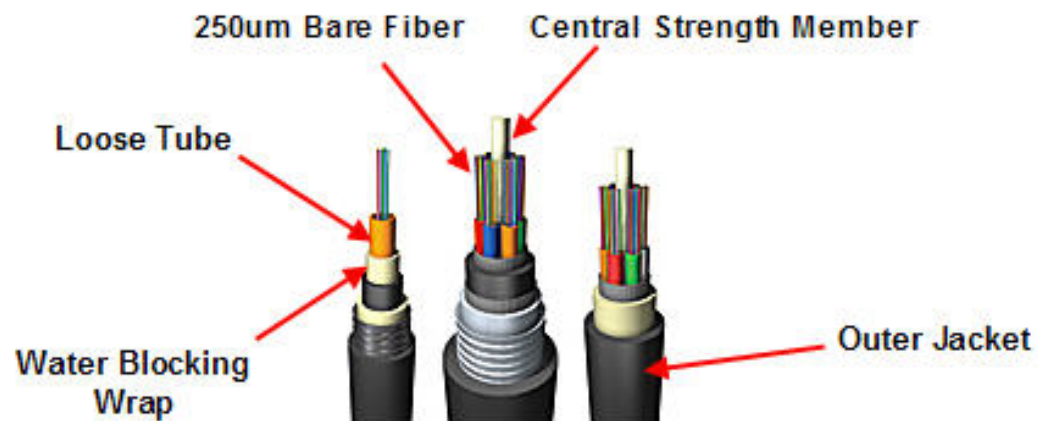


PREMISE - Cable Ratings and Markings

- ▶ All premises cables must carry identification and ratings per the NEC (National Electrical Code) Article 770 or other local building codes. Cables without markings should never be installed indoors as they will not pass inspections!
- ▶ ANY cable with metallic MUST be properly grounded/bonded per local practice
- ▶ These ratings are:
 - ▶ OFN optical fiber non-conductive
 - ▶ OFC optical fiber conductive
 - ▶ OFNG or OFCG general purpose
 - ▶ OFNR or OFCR riser rated cable for vertical runs
 - ▶ OFNP or OFCP plenum rated cables for air-handling areas
 - ▶ OFN-LS low smoke density



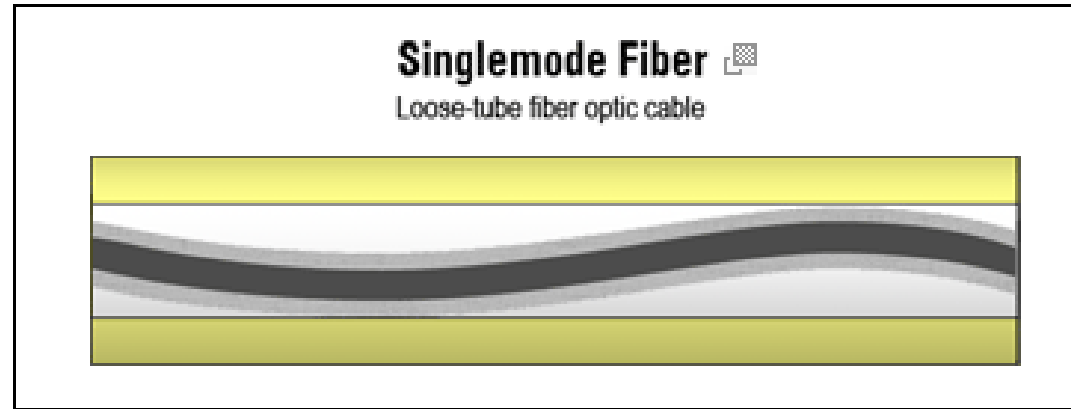
Outside Plant Cable Construction



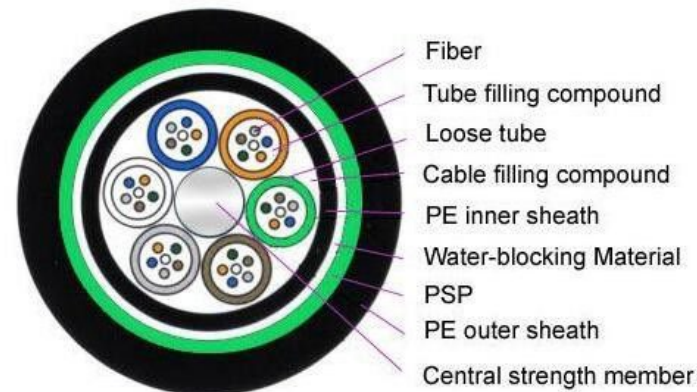
- ▶ **Outside Plant Cables - HDPE**
 - ▶ Single-mode; Loose tube or Ribbon
 - ▶ Water-blocked gel-filled or dry
 - ▶ NOT fire rated for indoor use.
 - ▶ Can only be used up to 50 feet indoors (NEC 700)
- ▶ **ADSS**
 - ▶ Distribution and transmission environments
- ▶ **Armor to prevent rodent damage and crush resistant**
 - ▶ ANY cable with conductive material must be properly grounded/bonded per local practice,
- ▶ Feed, Distribution and Drop cables
- ▶ Indoor/Outdoor cable types available

<https://youtu.be/fjRqGKU9cUU?si=-IRjzXvvaqlcs2im>

Loose Tube Cable Construction

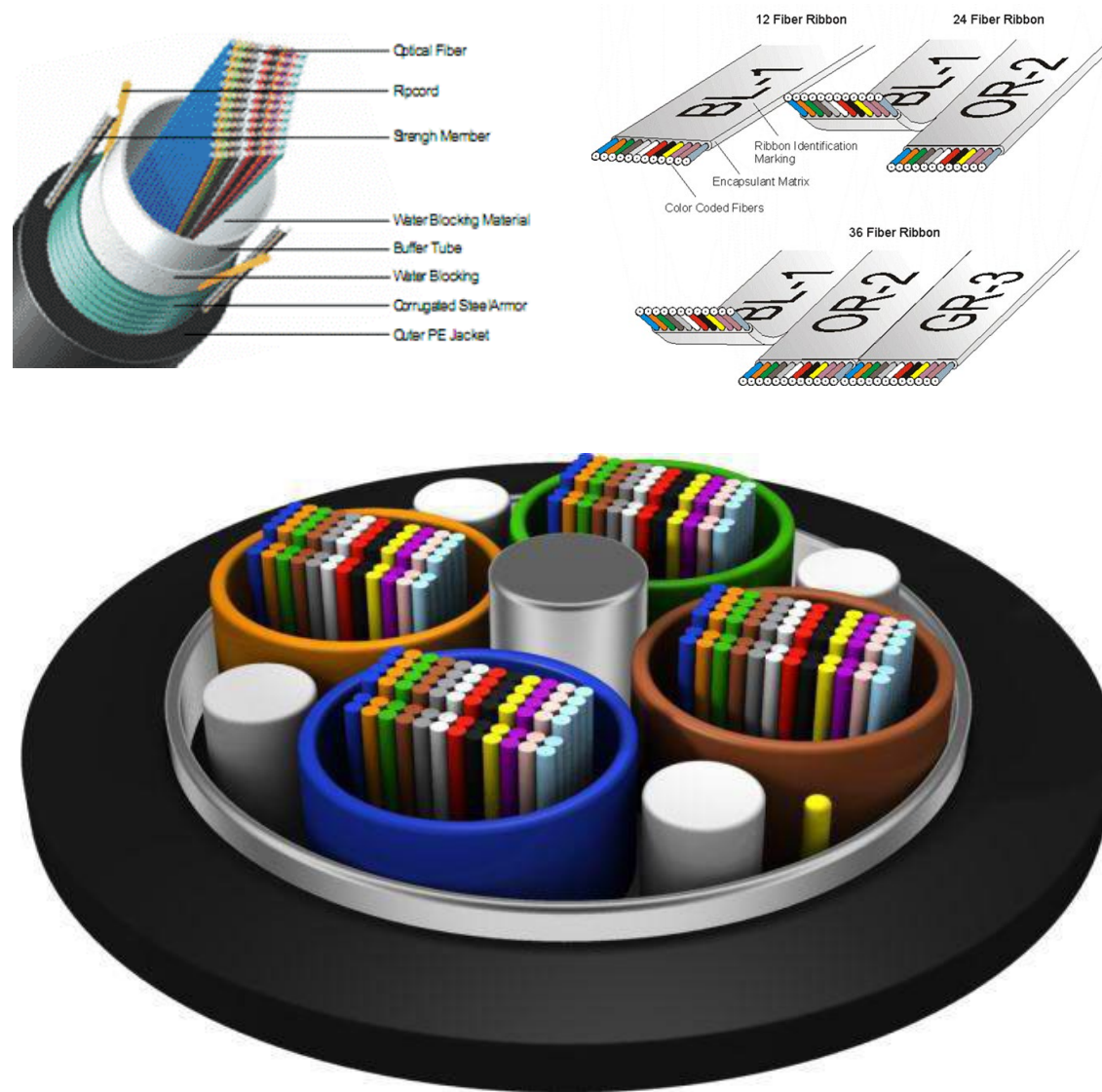


- ▶ Fibers are loose in tubes for isolation from installation stress
- ▶ Tubes contain several individual fibers (usually 12 - up to 36)
- ▶ Tubes and cable can be filled with water-block.
- ▶ Tubes are color coded per TIA-598 Standard
- ▶ Ideal for OSP trunk applications and often pulled into conduit or innerduct
- ▶ Usually spliced and protected in splice trays and must use breakout kit to terminate
- ▶ About 1-2% longer than cable jacket markings

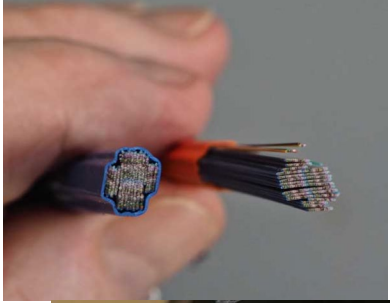


FLAT Ribbon Cable Construction

- ▶ Provides maximum density of fibers
 - ▶ Up to 864 Fibers in stacked footprint
- ▶ Ribbons have 12-36 individual fibers held by adhesive/matrix.
- ▶ Ribbons are stacked in cable “loose” tube or central tube
- ▶ Indoor or outdoor ratings
- ▶ Can be mass-spliced 12 fibers at a time
 - ▶ V-Groove only
 - ▶ Remove matrix for single splice and each 12F ribbon



200 Micron and Ultra High-Density Cables



Compatible with existing 250 μ fibers

2x fiber in the same place - 24F in a 12F loose tube

Fully compatible with fiber standards

Special fiber holders may be needed for fusion machine



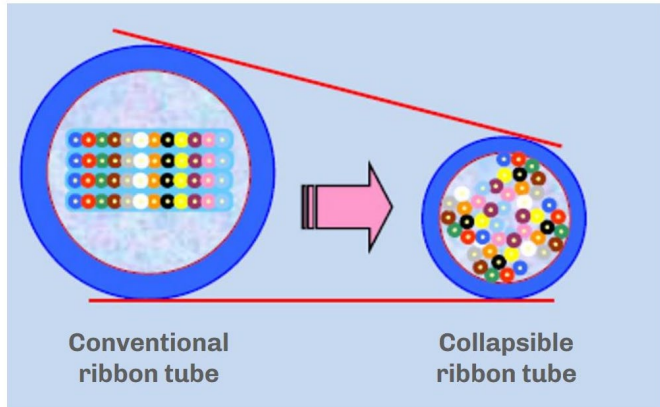
Corning - RocketRibbon

Fiber Density Comparison

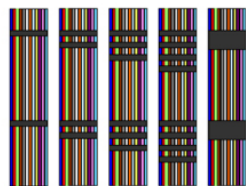
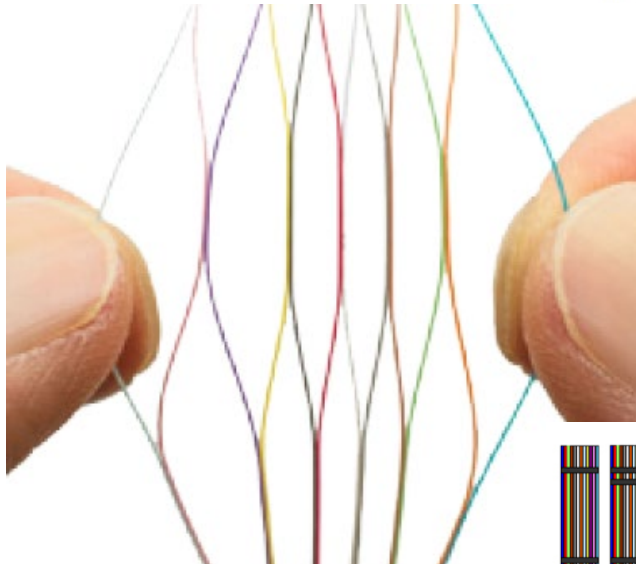
- 3456 fiber cable based on 200 micron buffered fibers, 54% of the cable is fiber.
- Typical 144 fiber loose tube cable, which is about 14% fiber
- 144 fiber microcable which is about 36% fiber.



Collapsible/Rollable/Bonded Ribbon



Courtesy AFL

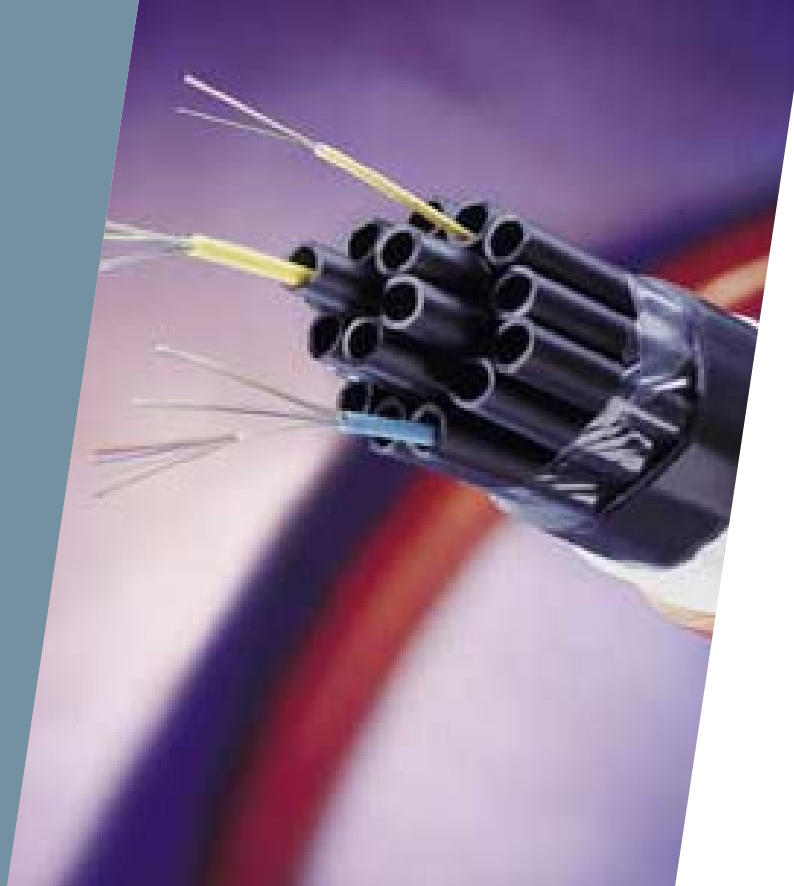


Easy identification of each ribbons

- ▶ What is it?
 - ▶ Intermittent bonds between fibers in a ribbon
 - ▶ Ribbon can be rolled into a cylinder
 - ▶ Enables cables with thousands of fibers
 - ▶ Today at 6912
 - ▶ 200 micron bend insensitive fibers

Benefits

- ▶ Enables 2x fiber vs flat ribbon in a duct
- ▶ Ribbon splicing functionality
- ▶ Gel free



Air - Blown Fiber

An Alternative To Cable

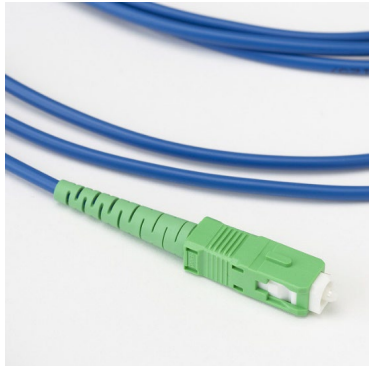
- ▶ Install “cable” with empty plastic tubes - indoors or OSP
 - ▶ Blow special fibers into the tubes
 - ▶ Allows easy installation but requires special equipment
 - ▶ Requires special fibers
 - ▶ More expensive but allows flexibility, easy upgrades
 - ▶ Not to be confused with “blown fiber” with microcables in microducts
- 

Fiber optic terminations

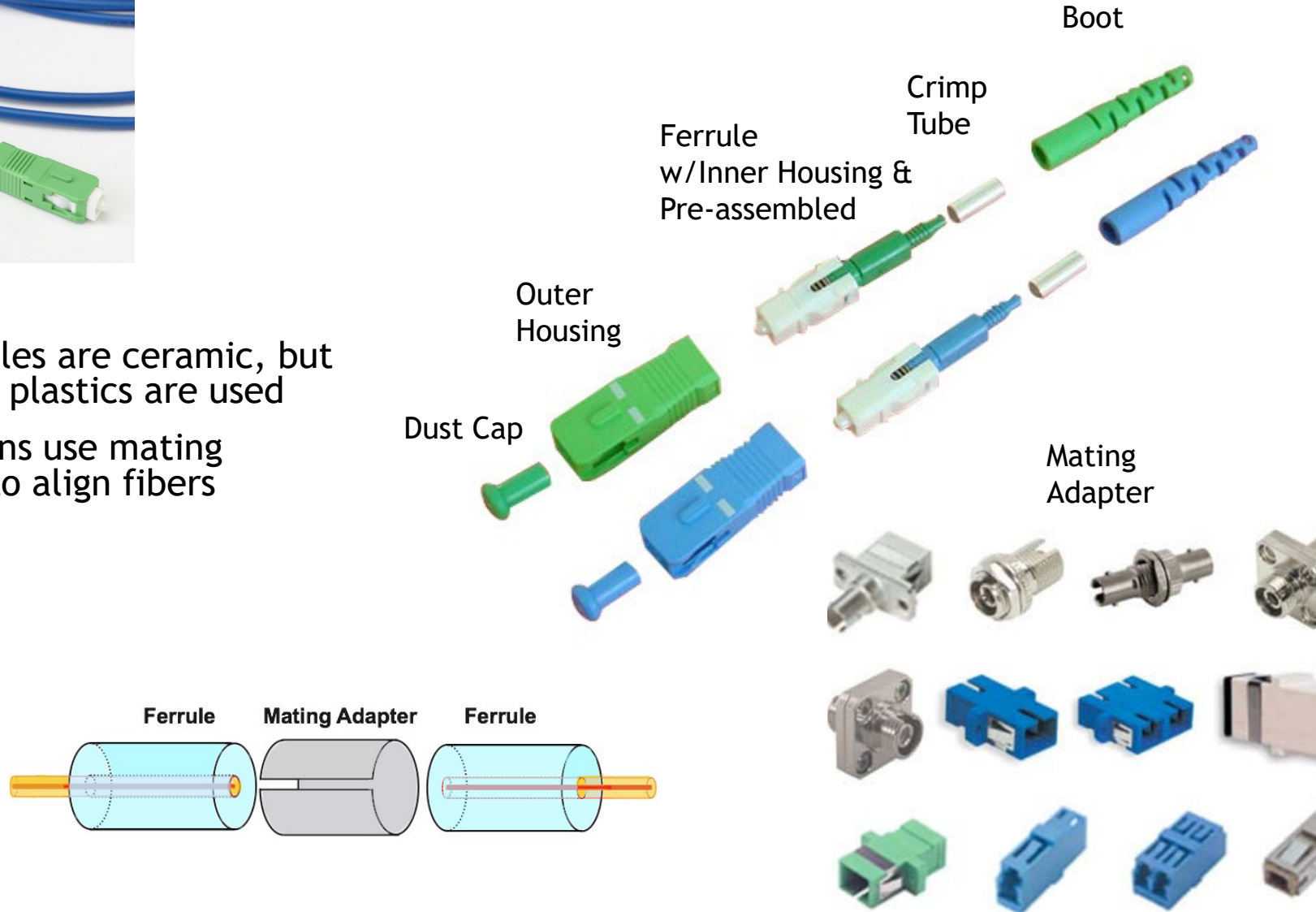
- ▶ Connectors
 - ▶ Demountable terminations for fiber
 - ▶ Connect to transmitters and receivers
- ▶ Splices
 - ▶ Permanent termination of two fibers
 - ▶ Mechanical for multimode or temporary restorations



Basic anatomy of a fiber optic connector



- Most ferrules are ceramic, but metal and plastics are used
- Connections use mating adapters to align fibers



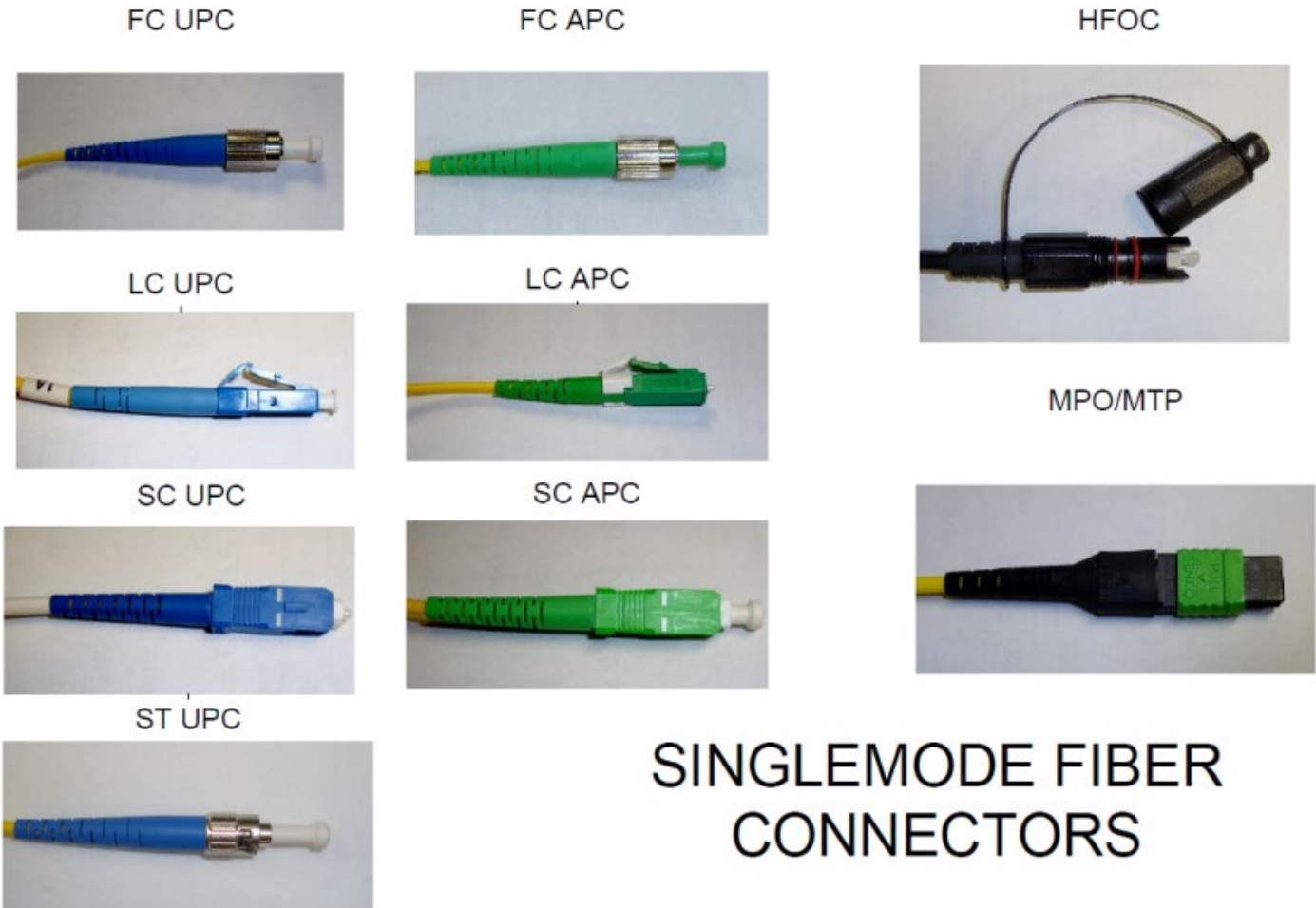
Connector Color Codes



- ▶ Blue: Singlemode PC
- ▶ Green: Singlemode APC
- ▶ Beige: Multimode 62.5 μ (orange jacket)
- ▶ Black: Multimode 50 μ (OM2 orange jacket)
- ▶ Beige or Aqua/Erica Violet: Multimode 50 μ laser optimized (OM3 & OM4)
- ▶ Beige or Lime green: OM5
- ▶ **NEVER** mate different colors!
- ▶ *Pay attention to cable jacket color*

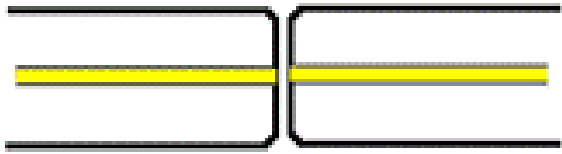
- **Specifications**

- Loss/Attenuation
 - 0.50dB (ITUT G.671)
 - 0.40dB (Telcordia GR-326-CORE)
- Repeatability
 - ≤ 0.2 dB (Telcordia GR-326-CORE)
 - over 50 mating cycles
- Environment (temp, humidity, stress, etc.)
 - Rugged (strain relief)
- Reliability
- Reflectance
 - 65dB - APC polish
 - 55dB - UPC polish
 - 25dB - MM MPO
 - 55dB - SM MPO
- Ease of termination
- Cost

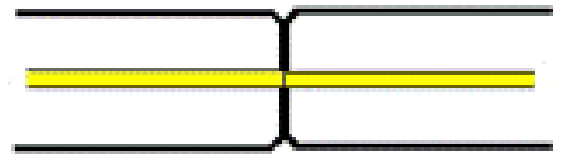


Connector Endface Finishes

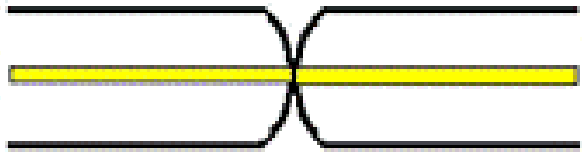
Air Gap



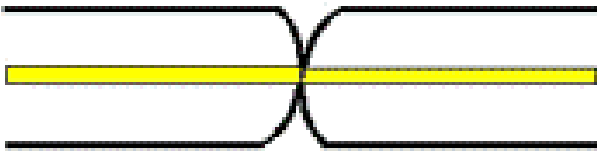
Flat PC



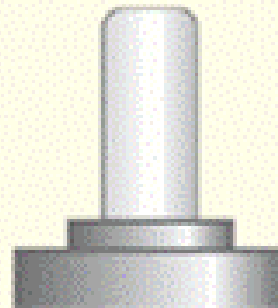
PC



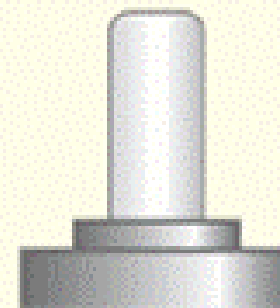
APC



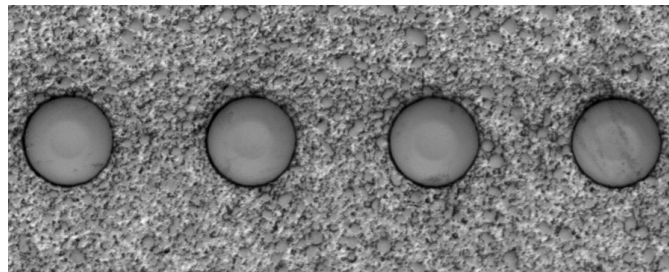
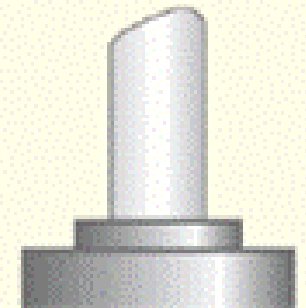
PC
<-40dB
Back Reflection



ULTRA PC
<-50dB
Back Reflection



8° ANGLED PC
<-60dB
Back Reflection

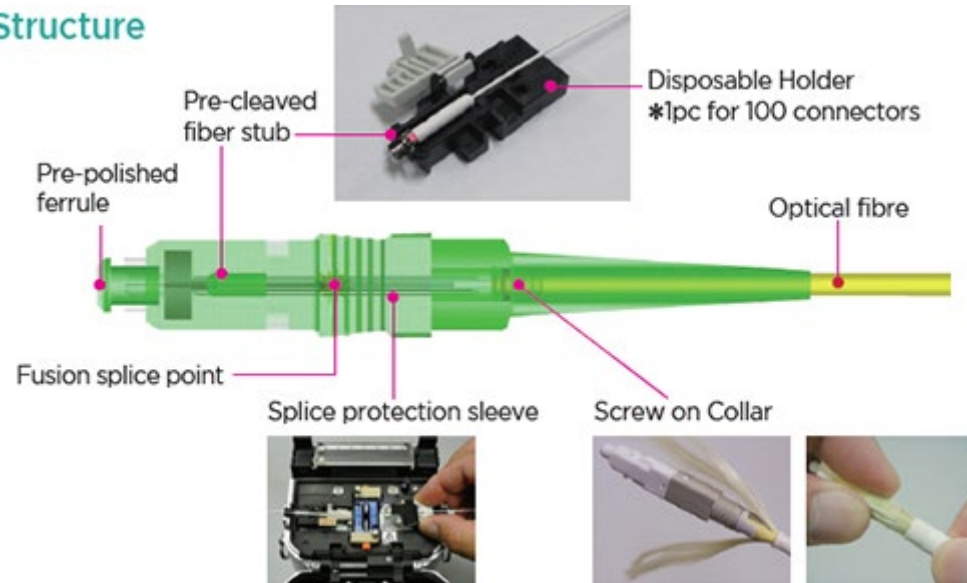


Single-Mode
<-55dB
Back Reflection

Multimode
<-25dB
Back Reflection

Field Termination - Fusion

Structure



Epoxy/Polish

- Polishing techniques best done at factory environment

Splice on “factory terminated pigtail”

- A jumper will provide 2 “pigtails”

Splice On Connector “SOC”

- A variety of manufacturers offer Splice On Connectors

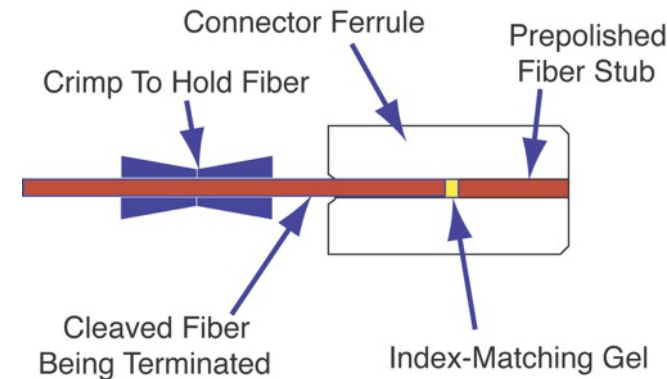
Field Termination - Mechanical

Pre-polished fiber stub and mechanical splice

- Terminated with a precision cleave and index matching gel

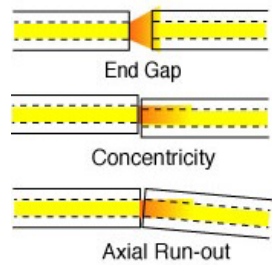
Visual Fault Locator (VFL) to verify splice

- Typical loss 0.75dB

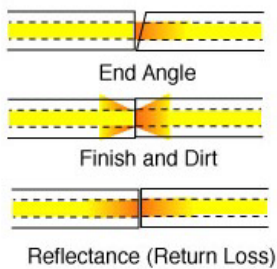


Causes of Loss

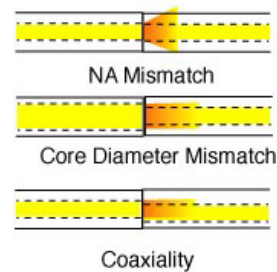
Connector



Process



Fiber



- ▶ Lowest loss requires perfect match between cores of two fibers.
- ▶ Losses may be caused by imperfect connectors, fibers or processes.
- ▶ Loss may also occur when mating fibers within an adapter.

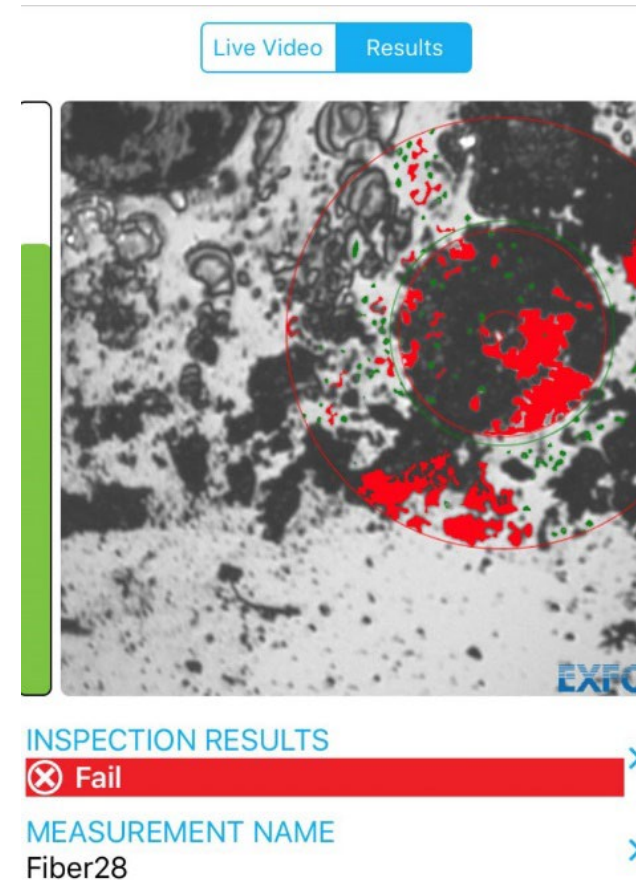
VISUAL INSPECTION

Why it is so important!

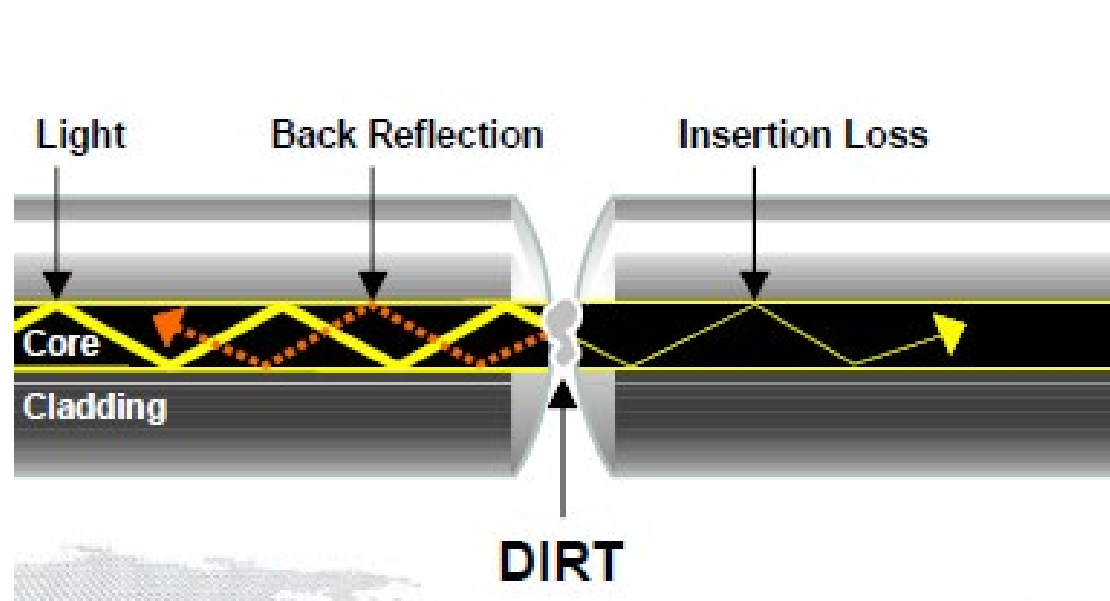
No. **1** cause of network failures is
contaminated connectors

Recent study by NTT-Advanced Technology, reported that 90% of Installers/technicians reported that issues with connector contamination was the greatest cause of network failure.

NEVER assume a “new” packaged connector is clean!!!



What Makes a BAD Fiber Connection



▶ A single particle mated into the core can cause significant

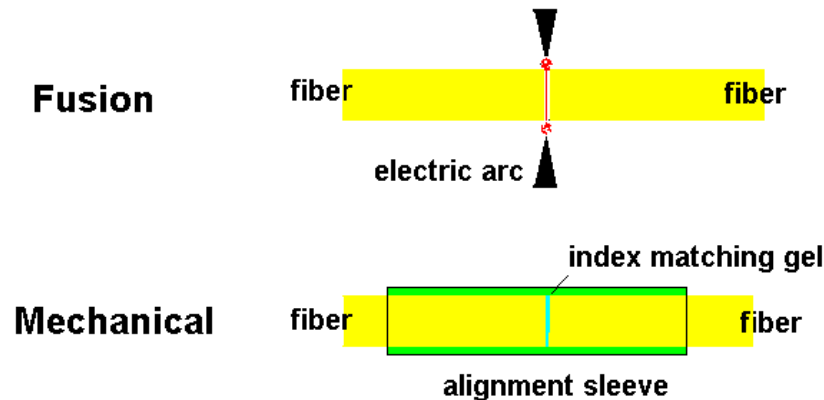
- ▶ Back Reflection
- ▶ Insertion Loss
- ▶ Equipment Damage

▶ Endface pressure when mated is up to 50kpsi

▶similar to water jet cutters

Fiber Optic Splices

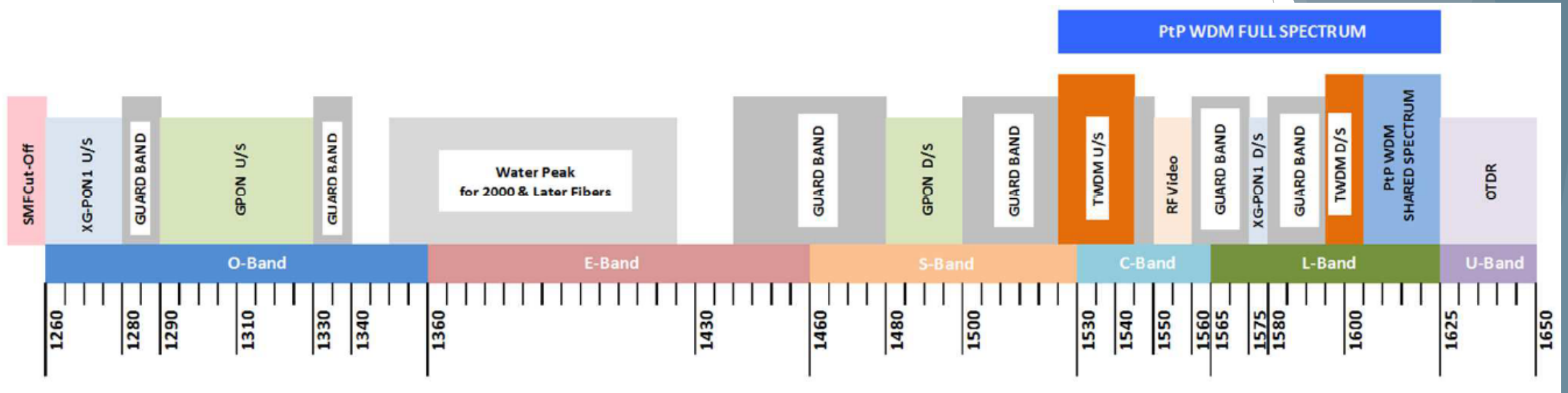
- *Permanent* terminations for fiber when fusion spliced
- Temporary splice with mechanical means
- Fusion
 - Lowest loss
 - Lowest back reflection
 - Strongest
 - Faster
 - High capital cost
 - Low per splice cost
- Generally used for OSP construction
- Mechanical Splices
 - Minimal tooling
 - Low capital cost
 - High per splice cost
- Mostly used for restoration and MM premises cabling



Splice Loss per TIA - 568C standards

Fusion 0.3dB
Typical loss <0.05dB

Mechanical splice loss 0.3dB
Typical loss 0.15dB



As technology grows...

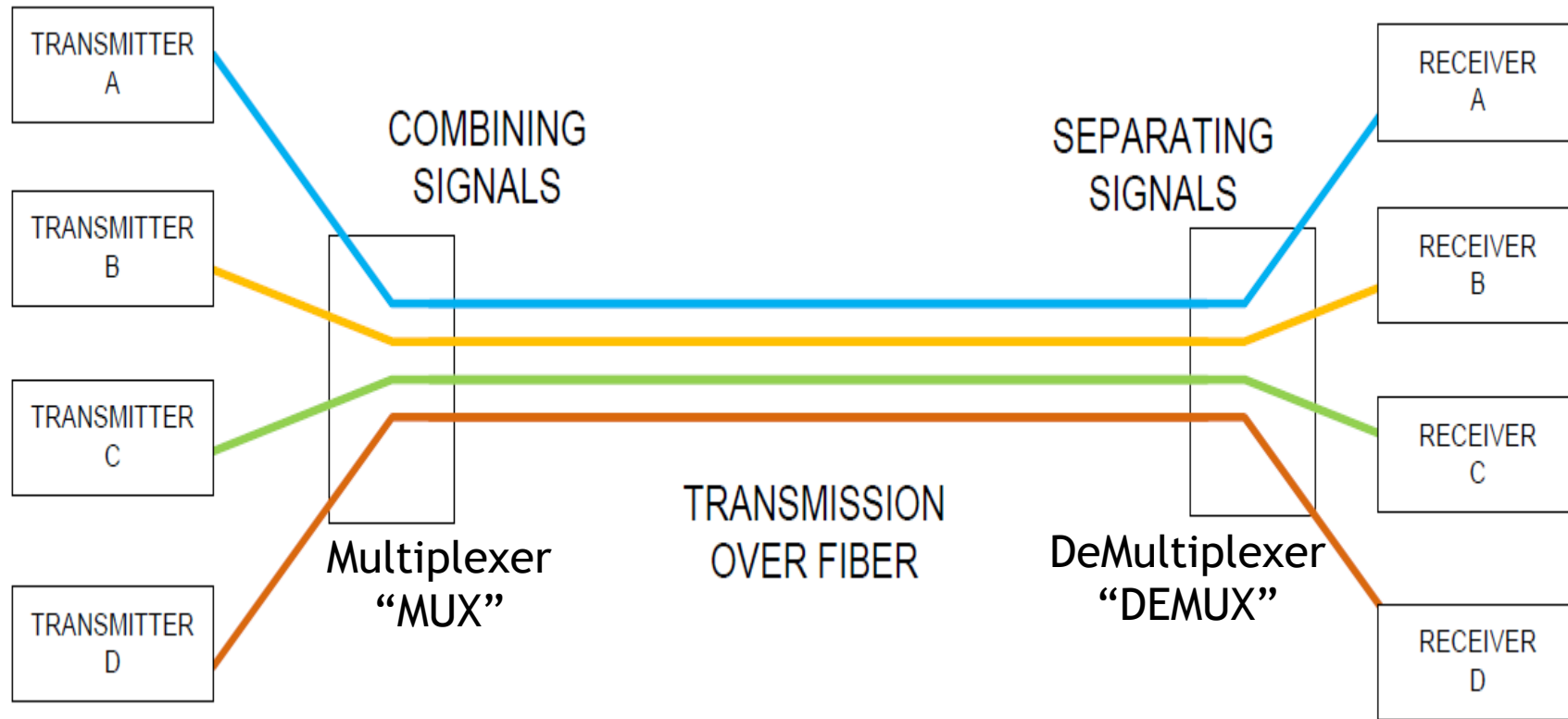
The first 30 years used 1310/1550 nm.
The next 30 will require the entire ITU spectrum.

- P2P and DWDM - 1990's
- 12-channel CWDM, E-Band CWDM, GE/GPON, RFOG - 2000's
- 10GPON - 2016
- NG-PON2 - 2018
- 40GPON - 2020
-and keeps growing

What is WDM?

Wavelength Division Multiplexing

Wave Division Multiplexing is possible because multiple wavelengths of light can travel in the same fiber at the same time and in any direction because light has no mass.



Downstream traffic lanes

NG-PON2 Express

NG-PON2 (10G)

10G-PON

25G-PON

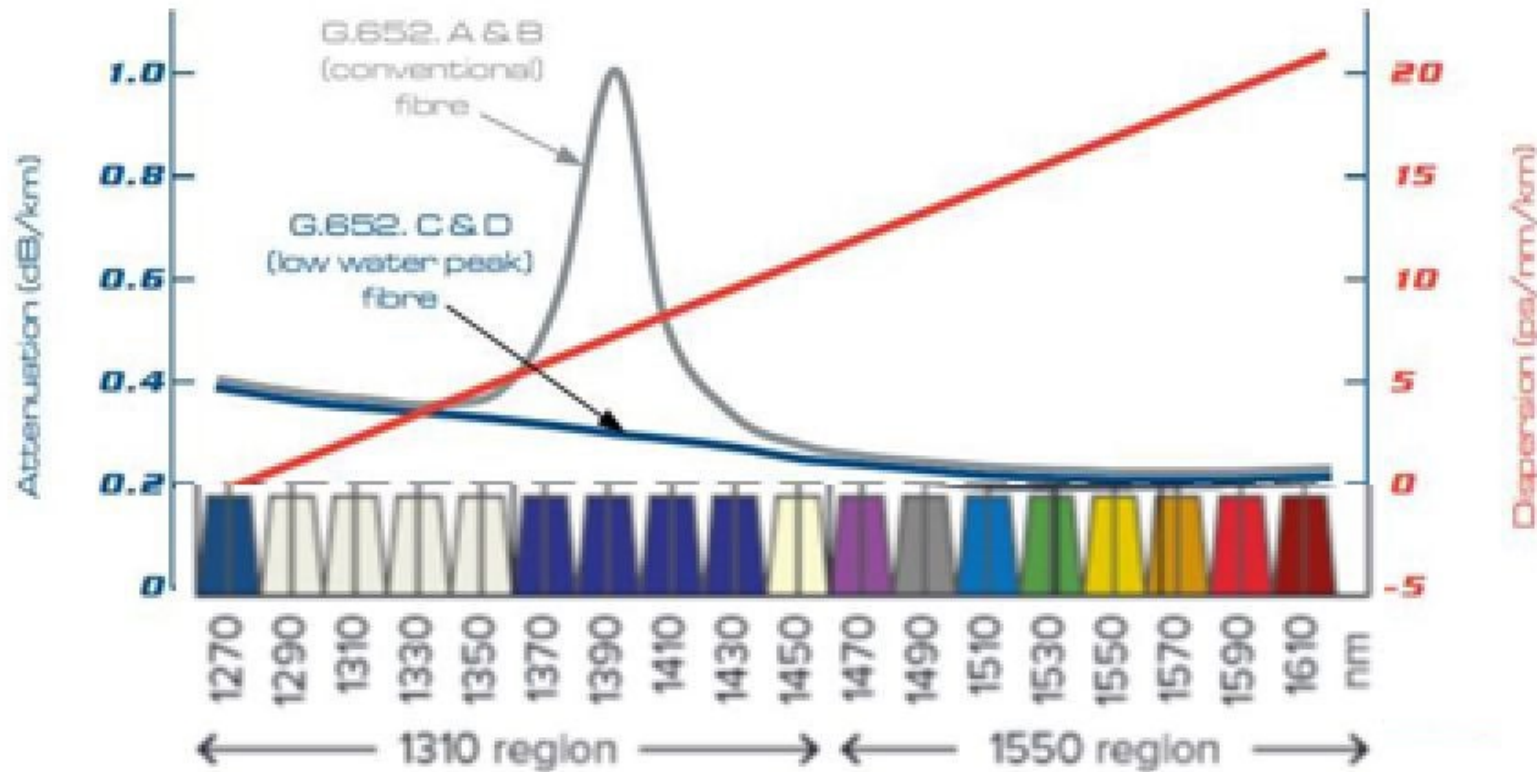
EPON (1G)

XGS-PON (10G)

NG-PON2 (10G)

GPON (2.5G)

CWDM Technology



- ITU G.694.2 CWDM Grid
- Full λ spectrum: 1270 thru 1610
- 20nm spacing
 - Typically 4/8/16 channel
- Requires SFP based optic transport platforms
- G.652 C & D for optimal performance
- Short-distance (i.e., metro or access networks), up to ~80km

Increasing capacity and increasing connections

DWDM - Dense Wavelength Division Multiplexing

Dense Wave Division Multiplexing can use multiple standards to determine wavelength spacing

ITU Grid Channels (100 GHz Spacing)					
Channel	Frequency (GHz)	Wavelength (nm)	Channel	Frequency (GHz)	Wavelength (nm)
1	190,100	1577.03	38	193,800	1546.92
2	190,200	1576.20	39	193,900	1546.12
3	190,300	1575.37	40	194,000	1545.32
4	190,400	1574.54	41	194,100	1544.53
5	190,500	1573.71	42	194,200	1543.73
6	190,600	1572.89	43	194,300	1542.94
7	190,700	1572.06	44	194,400	1542.14
8	190,800	1571.24	45	194,500	1541.35
9	190,900	1570.42	46	194,600	1540.56
10	191,000	1569.59	47	194,700	1539.77
11	191,100	1568.77	48	194,800	1538.98
12	191,200	1567.95	49	194,900	1538.19
13	191,300	1567.13	50	195,000	1537.40
14	191,400	1566.31	51	195,100	1536.61
15	191,500	1565.50	52	195,200	1535.82
16	191,600	1564.68	53	195,300	1535.04
17	191,700	1563.86	54	195,400	1534.25
18	191,800	1563.05	55	195,500	1533.47
19	191,900	1562.23	56	195,600	1532.68
20	192,000	1561.42	57	195,700	1531.90
21	192,100	1560.61	58	195,800	1531.12
22	192,200	1559.79	59	195,900	1530.33
23	192,300	1558.98	60	196,000	1529.55
24	192,400	1558.17	61	196,100	1528.77
25	192,500	1557.36	62	196,200	1527.99
26	192,600	1556.55	63	196,300	1527.22
27	192,700	1555.75	64	196,400	1526.44
28	192,800	1554.94	65	196,500	1525.66
29	192,900	1554.13	66	196,600	1524.89
30	193,000	1553.33	67	196,700	1524.11
31	193,100	1552.52	68	196,800	1523.34
32	193,200	1551.72	69	196,900	1522.56
33	193,300	1550.92	70	197,000	1521.79
34	193,400	1550.12	71	197,100	1521.02
35	193,500	1549.32	72	197,200	1520.25
36	193,600	1548.51	73	197,300	1519.48
37	193,700	1547.72			

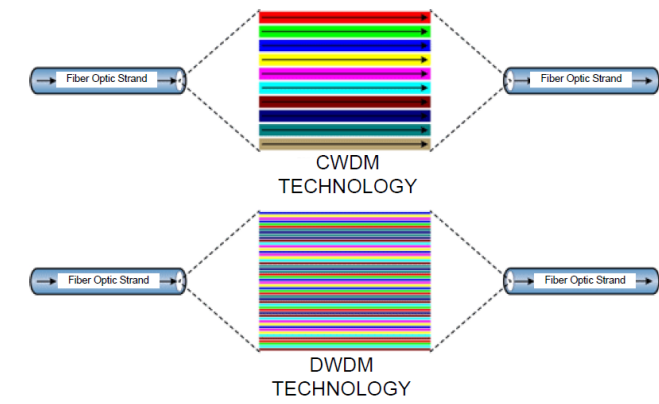
ITU-T G.694.1 Wavelengths Typically 8 or more wavelengths - centered around 1550 nm

- C-Band 1530nm - 1565nm
- L-Band 1570nm - 1625nm

Typical in networks

- .8 nm (100 GHz) Spacing
- 1.6 nm (200GHz) Spacing

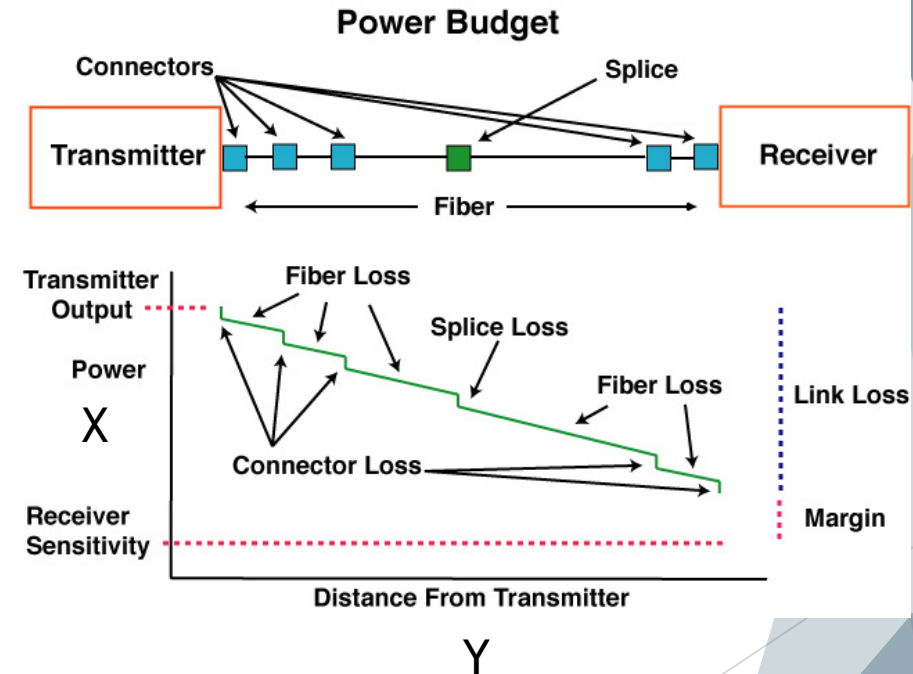
- 160 channels possible on active networks (25GHz spacing)
- 40 channels max on passive



Fiber Optic Link Loss & Power Budgets

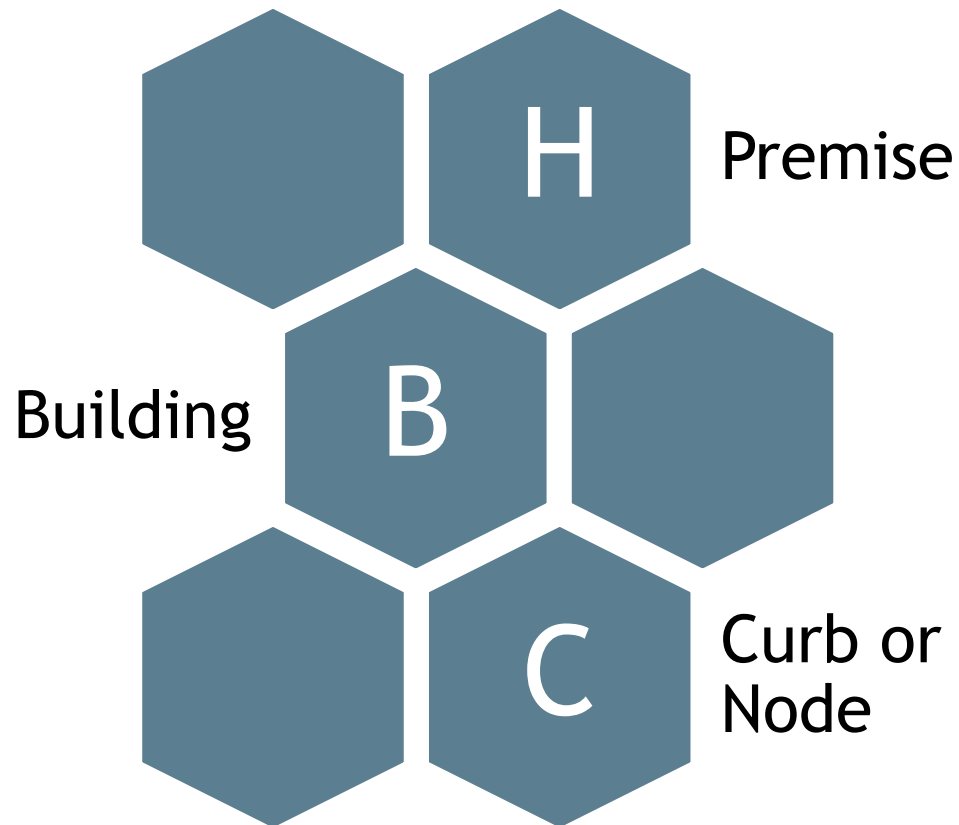
Estimate how much loss the cable plant should have

- **Every network has a power budget**
 - Transmitter output > receiver input
 - Measured in dBm
- **Every network has a limit on cable plant loss**
 - Fiber loss
 - Connector and splice loss
 - Installation stress (to be avoided)
 - Measured in dB



FTTx

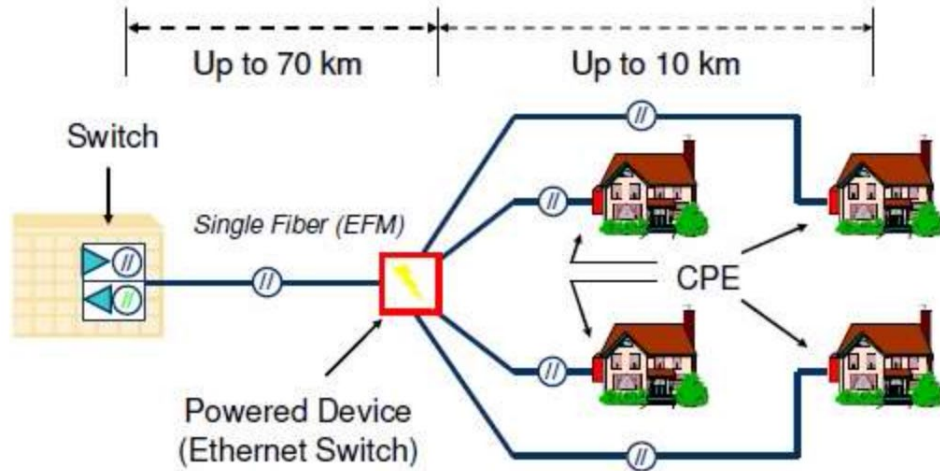
Architectures and Topologies



Active, PON and WDM

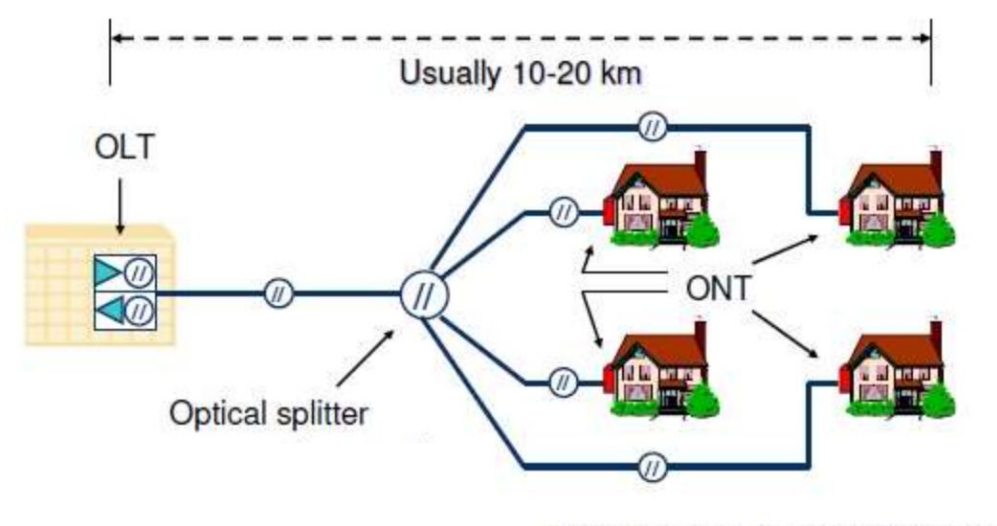
- Point to Point - Home Run
- Point to Multi Point
 - Centralized
 - Distributed
- Bus
 - Distributed Taps

NETWORK TYPES



Active Optical Network Active E!

- Specified by the IEEE 802.3 standard
- Point-To-Point (P2P),
requires power at the switch
- Dedicated bandwidth to subscriber
 - 1Gbs/10Gbs option to each customer
- Up to 80km footprint*
- Not capable of RF overlay
- One and done future proof network



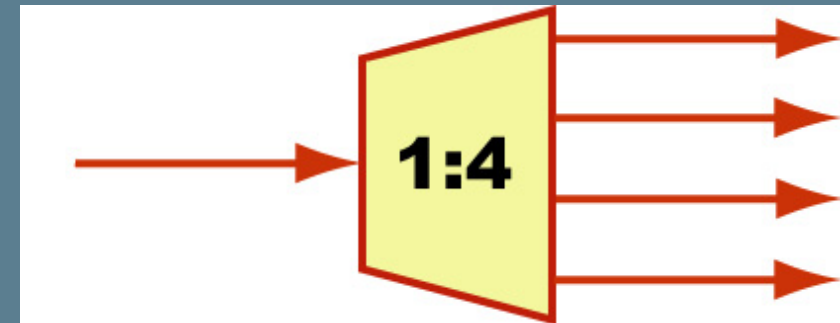
Passive Optical Network

- Specified by ITU G.984 standards
- 1 fiber using Passive Optical Components
- Point-To-Multipoint (P2MP)
 - Centralized and Distributed
- Many variations, GPON X-GS PON
- Shared bandwidth up to 32 subscribers*
 - 312Mb/s with 10Gb/s optics
- Up to 20km footprint*
- Can deliver RF overlay

Understanding PON Splitters

Splitter	1:2	1:4	1:8	1:16	1:32
Ideal loss (dB)	3	6	9	12	15
Excess loss (dB, max)	1	1	2	3	4
Actual loss (dB, max)	4	7	11	15	19

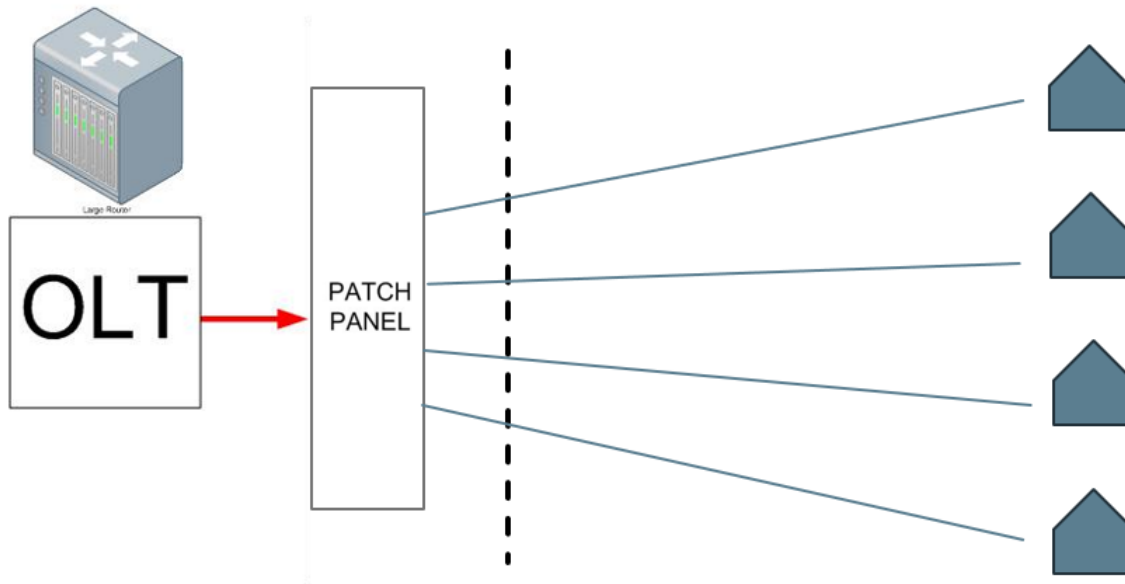
- ▶ Passive optical branching device
 - ▶ Planar Lightwave Circuit
 - ▶ Fused Biconic Tapered
- ▶ Bidirectional
- ▶ 1:2, 1:4, 1:8, 1:16, 1:32 configurations
- ▶ Cascade for desired ratio
- ▶ Loss 3 dB per 2x split plus excess loss (inefficiency)



SPLITTER DEPLOYMENT METHODS

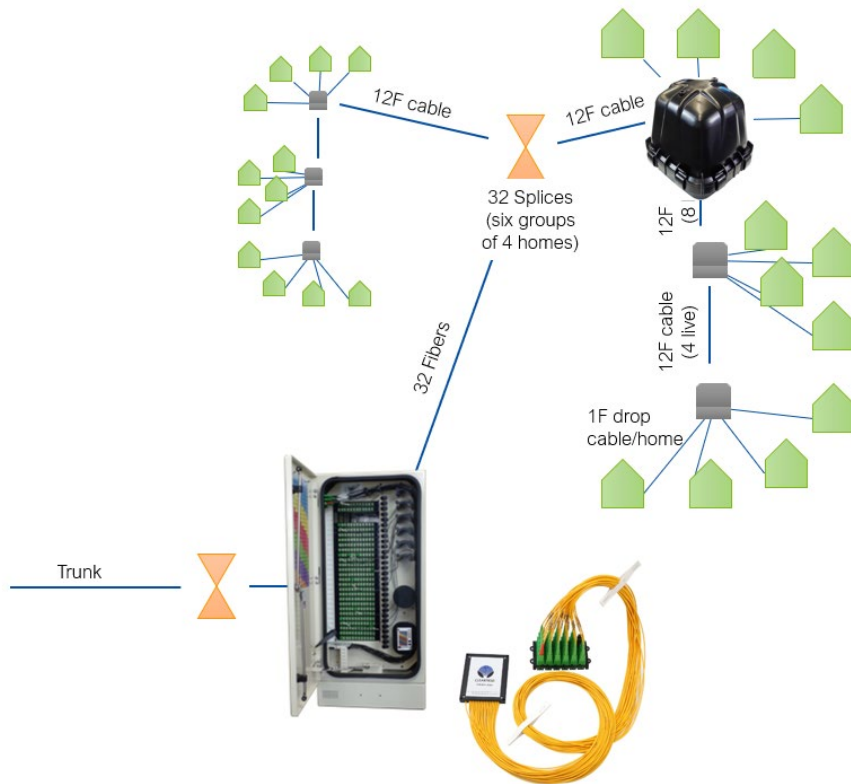
HOME RUN One-to-One PON

- ▶ PON Splitters housed in the Central Office, Headend or Active Cabinets
- ▶ Requires fiber rich cables in the OSP.
- ▶ Most commonly used in dense urban applications.

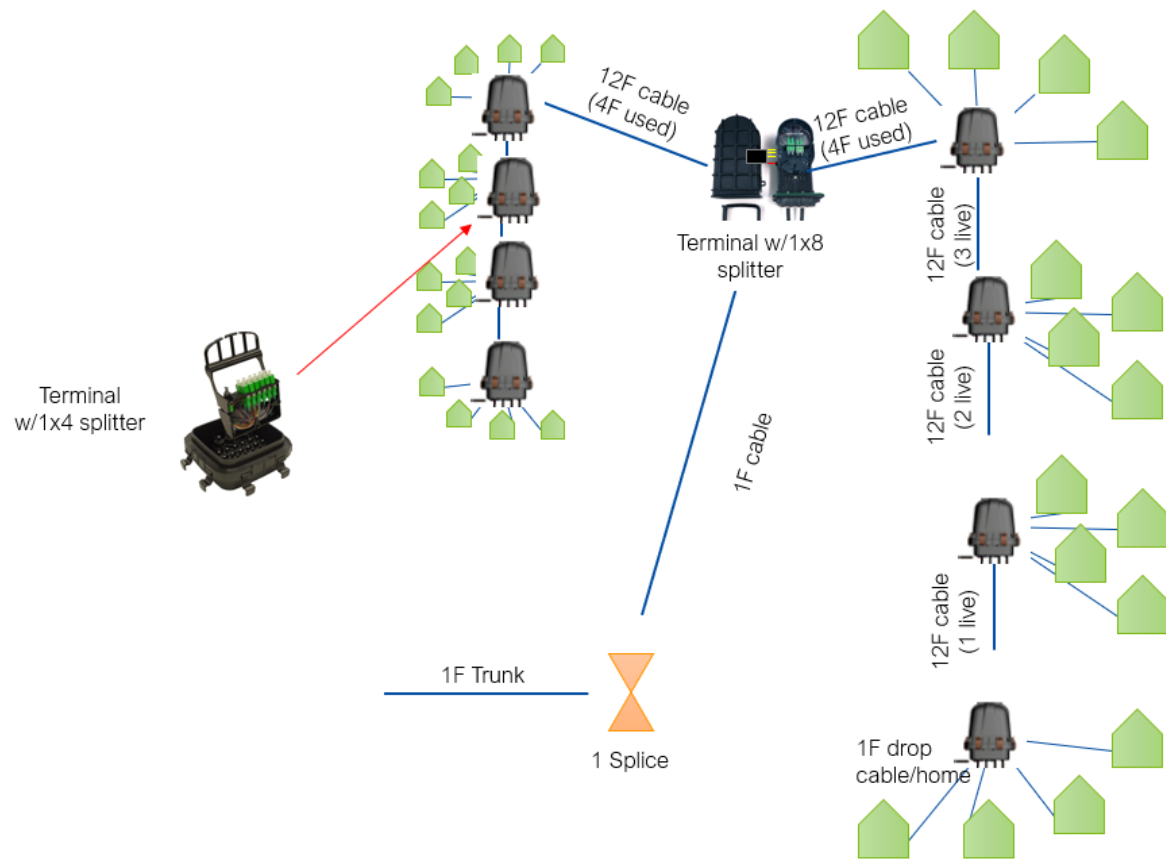


SPLITTER DEPLOYMENT METHODS

Centralized Field Splitting



- ▶ The Splitter is located in one location in the OSP.
 - ▶ Fiber Distribution Hubs.
 - ▶ Fiber Access Terminals
 - ▶ Plug and Play with MPO Feed
 - ▶ Splicing
- ▶ One location in an MDU/MTU

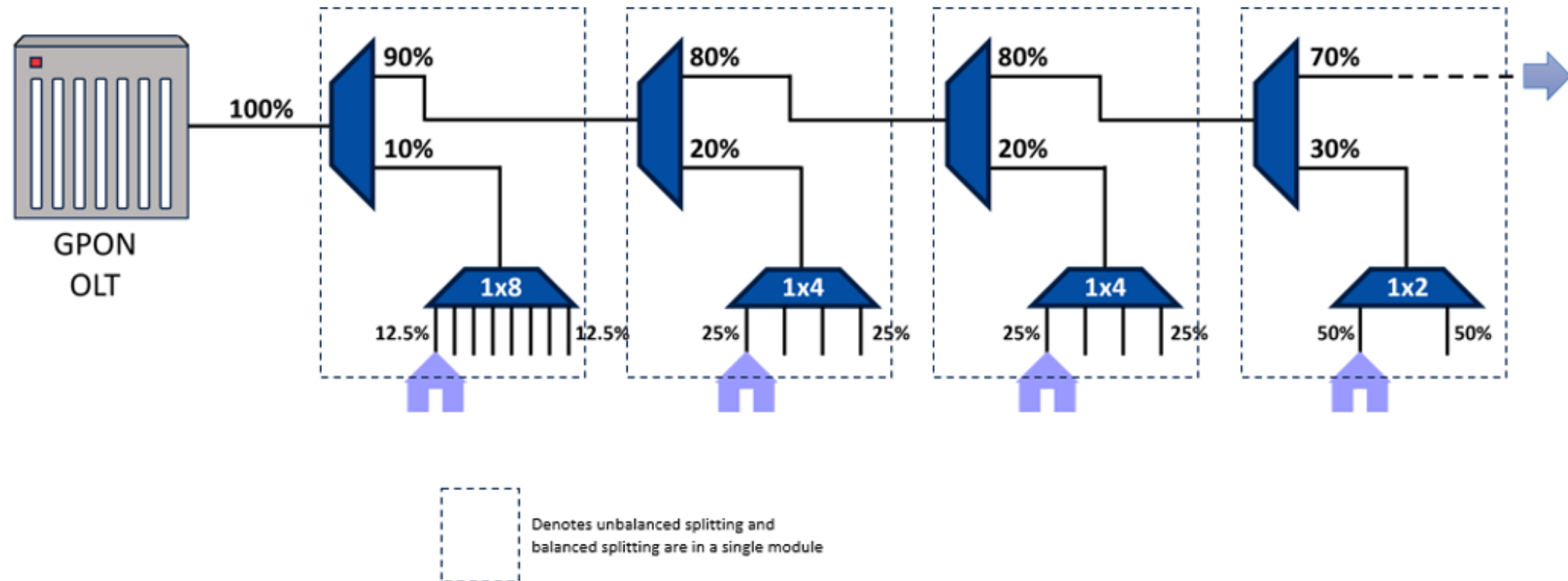


SPLITTER DEPLOYMENT METHODS

Distributed Split

Cascaded Splitters

Distributed TAP



Upcoming Events

Upcoming industry events.



WOMEN IN FIBER

FEB
23-26

NCTA'S RTIME 2025
San Antonio, TX

FEB
23-26

METRO CONNECT
USA
Ft. Lauderdale, FL

FEB
26-28

LTA ANNUAL
MEETING &
CONFERENCE
New Orleans, LA

MAR
4-6

CANWISP
Ottawa, Canada

MAR
9-11

NRECA TECH
ADVANTAGE
Atlanta, GA

MAR
10-12

MTA CONVENTION
AND TRADE SHOW
Minneapolis, MN

MAR
11-12

CONNECTED
AMERICA 2025
Dallas, TX

MAR
11-13

ITA SHOWCASE
Portland, OR

MAR
24-26

ICA ANNUAL
MEETING & EXPO
Des Moines, IA

MAR
25

REGIONAL FIBER
CONNECT
WORKSHOP
Philadelphia, PA

meet up!



WOMEN IN FIBER
Meetup



Co-Ed Mixer

at the ITA Showcase

HOSTED BY:

TUESDAY, MARCH 11
5:30PM

JANTZEN BEACH BAR & GRILL
AT THE HOLIDAY INN,
PORTLAND, OR



Angela Church
ITA President



Kendal Ingraham
Okanogan PUD



Fiber
Broadband
ASSOCIATION
When fiber leads, the future follows.

Don't miss our WIF and ITA
co-sponsored event,
Wednesday, March 12 at 8am.
Breaking the Ceiling:
Overcoming Imposter
Syndrome with Gina Stark of
Stark Impact Consulting.



Join our mentoring program



WOMEN IN FIBER

fiberbroadband.org/women-in-fiber-mentoring-program

Thank you for coming

**Next Women in Fiber EmpowerHour
and Committee Meeting
March 19, 2025**



WOMEN IN FIBER